

# scout

LOCAL

NOT ALL WHO WANDER ARE LOST.



Spring Edition

GOLD COAST



VOTED AUSTRALIA'S

# #1 FAMILY RESORT

STAY 2 NIGHTS AND **OR** STAY 3 NIGHTS AND  
**SAVE UP TO 20%.** **SAVE UP TO 25%.**

Paradise Resort Gold Coast is renowned as Heaven for Kids and a Paradise for Parents! Where every accommodation package includes up to 4 hours of supervised care for every child 0-12 years per day in the famous Zone 4 Kids Club,

**FREE KIDS CLUB SESSIONS WITH EVERY PACKAGE**

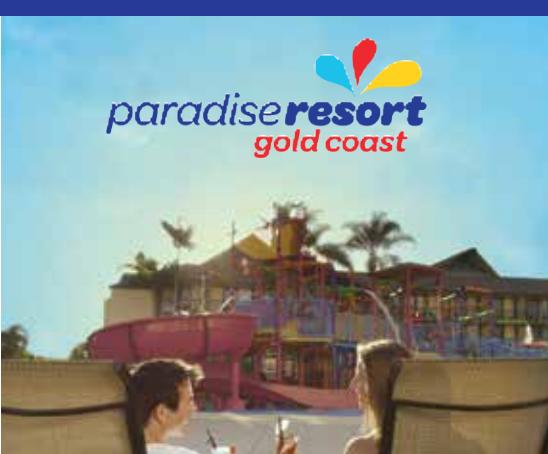
valued at \$40 each. The Zone 4 Kids Club is fully supervised which allows parents time to escape the daily routine and indulge in some holiday sightseeing or precious down time. There is also a giant Kids Water Park right in the centre of the resort, an indoor and outdoor playground, a

permanent ice-skating rink plus a whole range of free daily activities and entertainment. And while the kids are looked after parents can rediscover the art of relaxation in the exclusive Zone 4 Adults. The outdoor spa area features a large heated spa and lounge chairs offering parents a place to unwind and soak up the sunshine 'child free'.

Complete with the lagoon pool and spa, gym, bistro, cafe and bar Paradise Resort is the perfect choice for your next family holiday.

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[www.paradiseresort.com.au](http://www.paradiseresort.com.au)

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VISIT [WWW.PARADISERESORT.COM.AU](http://WWW.PARADISERESORT.COM.AU) FOR FULL TERMS AND CONDITIONS.



# WELCOME...

We're about wanderlust...  
The spirit of adventure...  
The thrill of the chase...  
The unbeaten path. We're about  
showcasing the best of the coast,  
the hotspots that locals know best.

Welcome to *scout* magazine and our spring issue, blossoming (as per usual) with stories about our vibrant Gold Coast! While we are celebrating another edition and the welcome relief of spring, let's also take a moment to celebrate this little magazine that we absolutely love. Bravo to us for reaching our first birthday with this edition – yay!

As the city opens its arms and embraces spring, we have included some highlights in the pages to follow about where to eat, shop, adventure and stay this season.

First up take a look at our insiders' view on local suburbs Miami, Sanctuary Cove and Tamborine Mountain. What a divine mix, showing off the Gold Coast's variety of attributes – beachside living in Miami, a luxurious riverfront playground at Sanctuary Cove and the lush green hinterland beauty of Tamborine. Get out and about and explore!

Spring also sprouts a wellness vibe among most of us as we break free of our winter hibernation and get social. We love a good picnic and have given you some sweet tips on where to roll out your rug or even soak up some moonlight (cocktail in hand) at one of our rooftop bars/restaurants. No worries if you didn't pack your running shoes – we've got fitspo fashion finds and stories on walks for all ages and abilities, along with some of our city's free fitness options at local parks.

That's just a glimpse into what we have to share. Read on for the full stories and make sure you check out our website as well as our social pages for more local love and tips on where you can scout around the Gold Coast.

Talk to us! Got a story to share?  
Email us [publisher@scoutmagazine.com.au](mailto:publisher@scoutmagazine.com.au)

*Keeley O'Connor*

— FOUNDER

[www.scoutmagazine.com.au](http://www.scoutmagazine.com.au)



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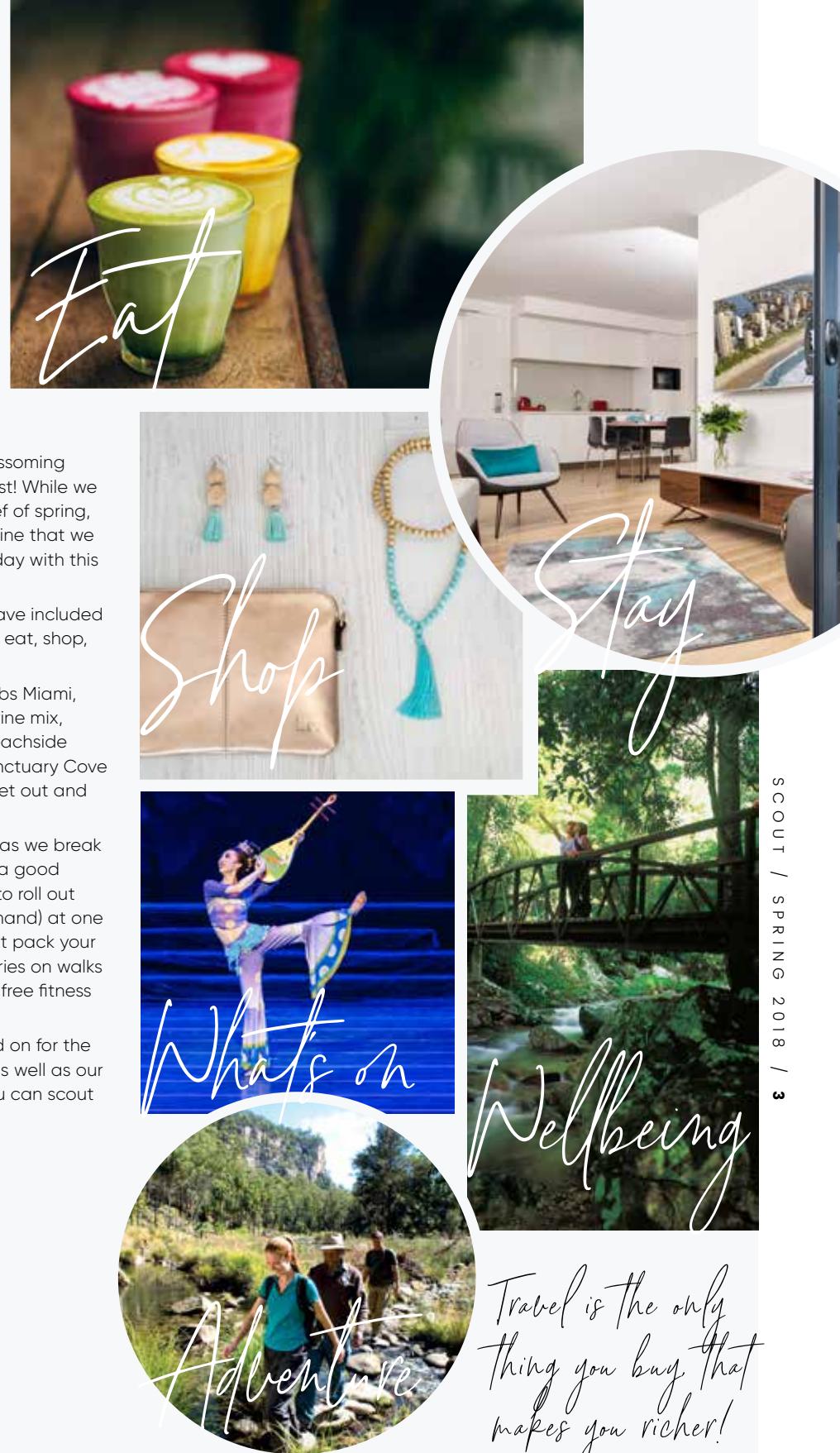
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Travel is the only  
thing you buy that  
makes you richer!  
“ ”

## COVER IMAGE:

Photography: Jacob Ritchie – Two Birds Social  
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[www.twobirdssocial.com.au](http://www.twobirdssocial.com.au)  
Location: Tallebudgera Creek

# SUBURB SPOTLIGHT...

With a name like Miami, you'd be forgiven for thinking this is home to glitz, bling and Brazilian bikinis, but that couldn't be further from the truth for this little pocket tucked between Burleigh and Mermaid.



Miami Marketta is one of the most iconic landmarks of this sun-kissed suburban location. It combines amazing international street food, live music, arts and good times every Wednesday (5-9pm), Friday (5pm-late) and Saturday (4pm-late). Keep an eye on their social pages for some of the best local special events.

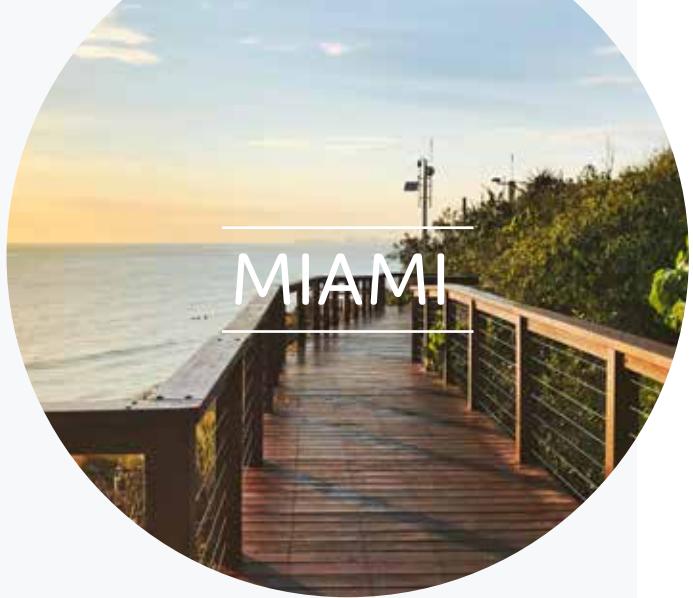
[www.miamimarketta.com](http://www.miamimarketta.com)



There's a new kid on the brewing block – and when we say "kid" we actually mean "granddad". Granddad Jacks Craft Distillery opened late in August and it's the first gin and whisky distillery on the coast. It's a family operation run by father and son duo, David and Luke Ridden. They are recreating age-old family recipes as an ode to David's grandfather (who passed away at the ripe old age of 93 and up until that point had a whisky every day, and they're certain he still does up in heaven!). We'll drink to that!

Find Granddad Jacks at 45 Lemana Lane, Miami.

[www.granddadjacks.com](http://www.granddadjacks.com)



## OUR TOP 3 MIAMI EATERIES:

### 1. Paddock Bakery

Three words: All. Day. Brekky! Try traditional Dippy Eggs with soldiers served in an egg carton, the Purple Toast or the hot churros.

### 2. The LC (Love Child Marketplace)

For plant-based everything!

### 3. Greenhouse Canteen

Inspiring people to try a cruelty-free lifestyle and challenging the stereotypes associated with the vegan movement.



The Miami Beach Surf Life Saving Club was founded in 1947 by five men from Southport and Brisbane. In the 70+ years since, it's become one of the best SLSCs on the Goldie – the club promotes itself as the "friendliest club on the Gold Coast". This club offers a wonderful Nippers program that encourages all kids to become confident in the ocean and to have fun whilst being active. It was named Nippers Club of the Year in 2016/17.

As well as all the surf stuff, you can join in a Pilates class (with a view!) most mornings or simply chill on the deck with a frostie for a lazy Sunday sess complete with live music. Bliss. Find Miami Beach SLSC at 2 Hythe St, Miami.

[www.miamibeachslsc.com.au](http://www.miamibeachslsc.com.au)

# SUBURB SPOTLIGHT...

Famous for prestige lifestyle, superb golf courses, the annual Boat Show and a unique combo of living, dining and shopping, Sanctuary Cove, at the northern end of the Coast is a place like no other.

## Sip

Sanctuary Cove's very own fine wine merchant, Corker Cellars, offer in-store wine tastings from 4pm until 7pm, every Friday afternoon. Bring out your inner sommelier as you taste new wines while meeting the winemaker themselves.



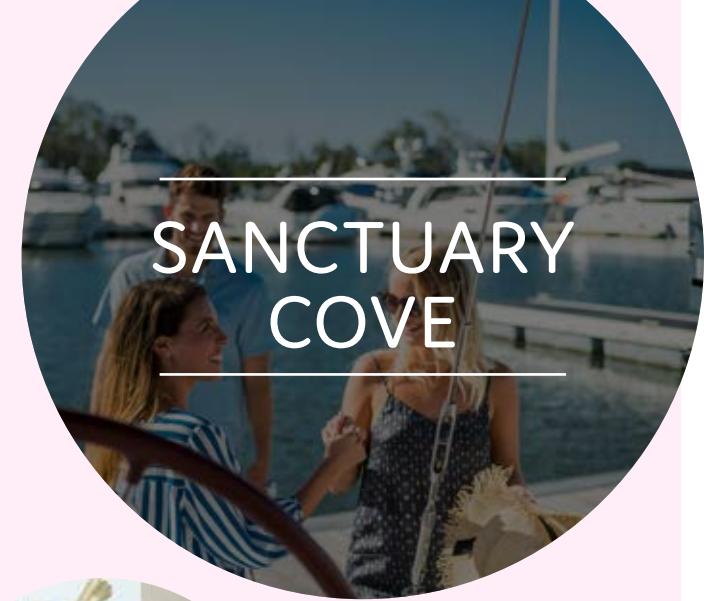
## Stay



In need of a stay-cation? The Intercontinental Sanctuary Cove Resort is the ultimate escape. Live it up in one of their 243 extravagant rooms, and feel comfortable knowing that everything you need is right downstairs – including a one-acre beach lagoon pool.

[www.intercontinentalsanctuarycove.com](http://www.intercontinentalsanctuarycove.com)

## SANCTUARY COVE



## Shop

...until you drop at the dozens of designer and specialty boutiques along the waterfront. From sculptures to shoes, and everything in between, one day truly isn't enough when it comes to shopping Sanctuary Cove. If you've got little people in your life, give your credit card a thorough work out at Sparrow, or chase down some cutting-edge fashion with affordable price tags next door at Soho Girl. Ed's note: There is even more Sanctuary Cove retail therapy on Page 13.

[www.sparrowshop.com.au](http://www.sparrowshop.com.au)  
[www.sohogirl.com.au](http://www.sohogirl.com.au)

## Fest

Sanctuary Cove Car Festival. It's the ultimate day out for car fanatics. Classic, modified and luxury cars will be on display at Sanctuary Cove, presented alongside auto and lifestyle exhibits, on-water boat displays and vibrant live entertainment. It's fun for the whole family and runs from 9am until 3pm.



# SUBURB SPOTLIGHT...

While it's called Tamborine "Mountain" it isn't exactly that. In fact, this Gold Coast Hinterland tourist spot is actually a 'plateau' - 8km long, 4km wide, 500m above sea level and boasting 360-degree views.

## TAMBORINE MOUNTAIN



### Shop

Gallery Walk is Tamborine Mountain's most famous shopping strip. It's an intriguing mix of shops and eateries. Like book ends on the famous strip, you can't miss a stop at Flights of Fancy fairy shop at one end and Crystal Mountain crystal shop at the other end. In between you'll find everything from genuine European cuckoo clocks and original art pieces to delicious fudge and wine. Tamborine Mountain markets are another drawcard for this area on various set days of the month.



A day out to Tamborine is not just about the destination – the journey is equally as interesting. Driving up the mountain, you will stretch your rally-car steering muscle with hairpin turns, tight lanes and ear-popping climbs but the views are ah-mazing. Half way up the mountain (as you approach from the north), be sure to look out for a somewhat hidden rocky outcrop perched precariously above the roadway and shaped like a piano. Locals ensure the piano's 'keys' are always painted to perfection. While contemplating why Mother Nature decided to plop a perfectly smooth, piano-shaped rock on the side of a mountain, spend a minute to also think how the hell someone climbs up there regularly to keep it painted?!

Horse riding, bird watching, glow worm tours, thunder-egg fossicking, fishing, walks and more are all a part of the Tamborine Mountain experience. The other thing you must do while on the mountain is pull up a piece of grass and watch the local hang gliders – they take off from the western side of the mountain most weekends.

For foodies, there are award-winning boutique wineries, breweries and distilleries, a cheese factory as well as a decent supply of fudge and chocolate shops. Another secret eating spot, requiring a little local knowledge, is Birchgrove Nursery. If you can drag yourself away from the fragrant roses and other floral wonders in the nursery, lunch is sorted in the nursery's Café Alpine. And here's a hot tip – in the cooler months, make sure you nab the table inside, in front of the wood-burning fire. Bliss.

[www.birchgrovenursery.com.au](http://www.birchgrovenursery.com.au)

Skywalk's spectacular elevated walkway puts visitors up in the rainforest canopy with the wildlife. You can explore the mountain park from the dizzying heights of the Skywalk (think 300m of high-tech steel bridges through the highest points of the upper canopy as well as a 40m cantilever bridge that soars a breathtaking 30m above the creek and rainforest below) as well as from the cool rainforest floor.

[www.rainforestskywalk.com.au](http://www.rainforestskywalk.com.au)

EAT...

# OUTLANDISH LATTES



THESE COLOURFUL, CREATIVE AND JUST PLAIN CRAZY BEVERAGES ARE MAKING BIG WAVES IN THE GOLD COAST'S COFFEE SCENE – WE'RE TALKING FUNKY LATTES (AND ALL THE PLACES YOU CAN TRY THEM YOURSELF).

Whether it's cold drip or cold brew, decaf or a deconstructed (á la Melbourne) it can be hard to keep up with Australia's ever-changing, yet always thriving coffee culture. But if there's one variety in particular that's been the subject of much experimentation, it's the latte.

Its official name is the café latte, which quite literally translates to 'coffee milk'. But in recent years – particularly here on the Gold Coast – we've seen a number of new latte styles popping up on café menus.

It all started with the chai latte. For years, chai had its time in the sun as perhaps the most popular, 'quirky' latte alternative. Its popularity was hardly surprising, considering that the spicy warmth of chai tea combined with frothy milk, all sprinkled with sugary cinnamon, makes the drink taste like a literal 'hug in a mug'. But it wasn't long before chai's top spot was contested by the matcha latte – the green-hued latte that combines milk, hot water and matcha, the specially-grown, processed and finely ground Japanese green tea. And, once people realised that lattes could be every colour of the rainbow, the floodgates opened.

After a red, gold or blue latte? How about all of the colours of the rainbow? Or none of them, if a black latte is more your scene? Not only are all of these options possible – they're darn delicious. And the Gold Coast offers them in abundance.

*Taste the rainbow...*

## GOLDEN LATTE

The golden latte is made from turmeric – a plant with a medicinal history stretching back nearly 4000 years, with roots (pun intended) in Hindi culture. Check out these places putting the Gold (Coast) in 'golden latte':

**Board Culture // Mermaid Beach**  
**The Cardamom Pod // Broadbeach and Southport**

Also offers beetroot latte, matcha latte, gingerbread latte, soya-dandelion latte, and more!

**No Name Lane // Broadbeach**  
Try also an activated charcoal latte here

## MATCHA LATTE

This green machine is reportedly packed with heaps of good stuff – including important antioxidants, chlorophyll and vitamins. Get your fix at one of these spots around the Gold Coast.

**Raw Espresso // Southport**  
**BSKT Café // Mermaid Beach**  
**The Paddock Bakery // Miami**

## BEETROOT LATTE

**Barefoot Barista // Palm Beach**  
Try also their sticky masala chai

**Woodbox Café // West Burleigh**  
They even have a dandy latte and a Smurf latte (?!!)

**Forreal Kitchen // Nobby Beach**  
While here, also try a turmeric latte, matcha latte, charcoal latte, the Avatar latte, the Magical Medicinal Mushroom latte and the 'Radiance' latte.

## MERMAID LATTE

This blue beauty gets its unusual colour from an infusion of sea minerals, blue spirulina and matcha blue butterfly pea flower.

**Bam Bam Bakehouse // Mermaid Beach**  
**Elk Espresso // Broadbeach**  
**The Milkman's Daughter // Mermaid Beach**

EAT...

## PARTY LIKE IT'S '99

WHETHER YOU'RE BOPPING ALONG TO BLASTS FROM THE PAST, FINISHING A FISH BOWL COCKTAIL OR GATHERING YOUR GANG FOR AN UNFORGETTABLE NIGHT, THERE AIN'T NO PARTY LIKE A RETRO'S PARTY.

If you couldn't tell from the name, Retro's Cocktail Lounge is all about bringing back the good times. How? They play nothing but the best old-school hits from the '80s, '90s and noughties! Founded in Brisbane, Retro's expanded to its Orchid Avenue, Surfers Paradise location last year, bringing its signature fish bowl cocktails, mirror balls and huge illuminated dance floor along with it!

Just like the original Brisbane venue, Retro's Surfers Paradise has become an iconic party stop, well-loved for transporting party goers straight back to the '80s and '90s from the moment they step inside. Rainbow-coloured LED lights fill the space, lighting up the glow paint work that covers the walls and table tops. The space comes complete with an impressive bar and illuminated DJ booth.

The cocktail menu reflects the colourful interior and oozes loads of retro flavour. Expect all your classic favourites, from pina coladas, mojitos and margaritas to espresso martinis and Long Island iced teas. Plus, premium bottle service with Grey Goose Vodka and VIP booths is also available for bookings, so you can truly party like a '90s rockstar with your very own private host!

A jam-packed weekly calendar – from international student night on Thursdays, to "Flashback Fridays" and "Slammin Saturdays" – keeps visitors coming back for more, night after night. So, round up your mates, put on your dancing shoes and prepare to dance like you haven't danced in decades.

[WWW.RETROS.COM.AU](http://WWW.RETROS.COM.AU)



EAT...

## TOP IT OFF

THE GOLD COAST'S NIGHTLIFE IS SECOND TO NONE. WHETHER IT'S FRIDAY NIGHT DRINKS AND A SATURDAY CELEBRATION, STAY ON TOP OF THE NIGHTLIFE SCENE – LITERALLY – AT SOME OF OUR FAVOURITE ROOFTOP BARS.

### *Aviary Rooftop Bar*

With views of Surfers Paradise on one side and the Gold Coast hinterland on the other, Aviary at the Southport Sharks Hotel is one of the best spots to enjoy a panoramic sunset view with a cocktail in hand. Their impressive food and drinks menu is matched with quirky yet classy décor, making Aviary one of the most Instagram-able rooftop bars on the coast.

[WWW.SOUTHPORTSHARKS.COM.AU](http://WWW.SOUTHPORTSHARKS.COM.AU)



### *SkyPoint Bistro + Bar*

When it comes to sky-high drinking and dining, it doesn't get much better than SkyPoint's bistro and bar. See the Gold Coast like never before while sipping on a 'level 77' cocktail or nibbling on steamed dumplings or salt and Szechuan pepper squid, all from 230m up. It doesn't get better than this.

[WWW.SKYPPOINT.COM.AU](http://WWW.SKYPPOINT.COM.AU)



### *The Island Rooftop*

A Gold Coast icon transformed, the Island Rooftop hosts live bands and DJs, trivia nights and big events in a jam-packed weekly line-up. Enjoy one of their signature cocktails while watching the sun set over Main Beach and the Gold Coast CBD, then dig into a wood-fired pizza on the pool deck at Goldie's.

[WWW.THEISLANDGOLDCOAST.COM.AU](http://WWW.THEISLANDGOLDCOAST.COM.AU)

### *One Cavill*

When it comes to absolute beachfront rooftop bars, One Cavill takes the cake. Named for its position at the very top of famous Cavill Avenue, One Cavill boasts sprawling views of Surfers Paradise both from the indoor bar area and the outdoor balcony. Whether you opt for a candy-coloured cocktail or a lofty beer tower, One Cavill has your weekend drinks sorted.

[WWW.ONECAVILL.COM.AU](http://WWW.ONECAVILL.COM.AU)



### *Justin Lane*

If you're seeking a low-key sundowner spot with great tunes, Burleigh Heads' Justin Lane has you covered. It has bragging rights as Burleigh's first rooftop bar and with a great cocktail menu, tasty pizza and pasta dishes and stunning views of the Burleigh foreshore, it's still one of the best.

[WWW.JUSTINLANE.COM.AU](http://WWW.JUSTINLANE.COM.AU)



#### THIRSTY WORK

Bazaar @ QT Gold Coast offers a wide range of signature seasonal cocktails and their recommendation for scout readers on a solid night out is the Highball Express. Think Baron Samedi spiced rum, Hennessy, berry compote, lemon juice and egg white, topped with ginger beer and toasted marshmallows.

Yes, please!



EAT.

Gone picnickin'

## BEST SPOTS ON THE GC



AHH, THE PICNIC... IS THERE A BETTER WAY TO COMBINE GREAT FOOD WITH THE GREAT OUTDOORS, AND ENJOY SOME QUALITY TIME WITH FRIENDS AND FAMILY WHILE YOU'RE AT IT? PACK A BASKET, A BLANKET AND MAYBE EVEN A FOOTY, AND PUT ONE OF THESE SPOTS INTO GOOGLE MAPS – WE'RE GOING PICNICKING!

### JABIRU ISLAND PARK, PARADISE POINT

Little-known Jabiru Island Park is a picnicking family's paradise. The waterfront park includes a kids' playground, sheltered picnic tables, barbecues, modern toilets and a swimming enclosure. Plus, the nearby Phil Hill Environmental Park has a great nature boardwalk for spotting local wildlife.

### BROADWATER PARKLANDS, SOUTHPORT

Despite its location in the heart of Southport, the waterfront Broadwater Parklands feel a world away from the hustle and bustle. With a world-class children's playground (bouncy pillow included!), picnic tables and barbecues, rock pools and shady trees, the Parklands offer great views down the coast and across the Coral Sea to Main Beach and Sea World.

### MACINTOSH ISLAND PARK, SURFERS PARADISE

Macintosh Island Park is a sanctuary in the centre of Surfers, characterised by lush green trees, manicured lawns and a few interesting residents. Between their free-roaming peacock population and the local Bigfoot (who can be found sleeping in his cave), it's hard to believe that Macintosh Park is just a hop,

skip and a jump away from the high-rises of Surfers Paradise. Plus, it's got a playground, picnic tables and shelters, toilets and plenty of other facilities that make it the perfect spot to lay your picnic blanket in Surfers.

### GOLD COAST REGIONAL BOTANIC GARDENS, BENOWA

For the perfect balance of sun and shade, flora and fauna, the Gold Coast's own Botanic Gardens are the place to be. Formerly known as Rosser Park, the Gardens offer 31 hectares of picnic paradise, with boardwalks, playgrounds, a dog off-leash area and a number of gardens (including one full of butterflies!).

### CASCADE GARDENS, BROADBEACH

It's been labelled one of the best barbecue spots on the Gold Coast, but Cascade Gardens is a fantastic spot for a picnic, too. Its riverside location makes it a perfect place to lie back and relax, with an enormous playground for the kids to run rampant in. After lunch, take a stroll along the Kokoda Memorial Walk, which takes pedestrians through tropical jungles and beyond the Gardens towards the Gold Coast Exhibition and Convention Centre.

## KEN MANSBRIDGE PARK, MERMAID BEACH

Named in honour of local lifeguard Ken Mansbridge, Ken Mansbridge Park on Mermaid Beach is the ultimate seaside picnic spot. It's quiet and picturesque, shaded by the tall pine trees that are more typically associated with Burleigh Heads to the south. A small exercise park, playground and beach volleyball court provide afternoon entertainment, but don't feel pressured to fill the time with activities as this park is perfect for surf and people watching – whatever takes your fancy.

## MICK SCHAMBURG PARK, MIAMI

Mick Schamburg Park is a wildly popular wedding destination and taking one look at the view, it's not hard to see why. The grassy hilltop – with its distinctive circular lookout spot – makes a great place for a sunny picnic, followed up by a hike along one of the nearby walking tracks.

## JOHN LAWS PARK, BURLEIGH HEADS

Otherwise known as 'Burleigh Hill', John Laws Park is the ultimate GC sundowner spot. Find a patch of grass, or a picnic table if you're lucky, and set up to watch the sun set over our beloved Gold Coast – from your Burleigh Hill vantage point, you can see all the way up to Surfers Paradise. You don't even have to pack a picnic, because nearby Justin Lane does bike-delivered pizza right to John Laws Park.

## DEODAR PARK, BURLEIGH WATERS

John Laws Park certainly offers a world-class view, but if you want to stay away from the crowds try heading inland to Deodar Park and the Burleigh Knoll Conservation Park. You'll come across some pristine picnic spots. It's still near the water and a favourite for dog owners and nature lovers alike (kangaroos are commonly spotted here), while the kids will enjoy the nearby playground and large grassy areas to run around on.

## TARRABORA RESERVE, PALM BEACH

There's seriously no better place for a beach picnic than Tarrabora Reserve. This natural parkland sits right on the waterfront of Currumbin Creek, and is a refuge to a variety of native wildlife, particularly birds and reptiles. Enjoy your picnic between ocean swims or try your hand at some fishing – you might even catch your lunch! Plus, the neighbouring Palm Beach Parklands have an awesome pirate ship playground to keep the kids entertained for hours.



# PICNIC PLEASERS



Katie Alice Festival Folk  
picnic dinner plate,  
\$10.50, [www.creative-tops.com](http://www.creative-tops.com)



Wheel and Barrow 10L  
cold drink dispenser,  
\$79.95,  
[www.wheelandbarrow.com.au](http://www.wheelandbarrow.com.au)



Sunnylife Deluxe Andaman  
picnic basket (includes timber  
table, pictured),  
\$199, [www.gyrofish.com.au](http://www.gyrofish.com.au)



Habitat101 seagrass beach basket,  
\$4995, [www.habitat101.com](http://www.habitat101.com)



Sophie Allport Garden Birds  
oilcloth picnic bag  
(available in various prints),  
\$56, [www.sophieallport.com](http://www.sophieallport.com)



Tolly McRae botanical green  
picnic rug and strap  
(available in various colours),  
\$222, [www.tollymcrae.co.uk](http://www.tollymcrae.co.uk)

# SHOP...



P.E. Nation Score Line duffle bag,  
\$129, [www.pe-nation.com](http://www.pe-nation.com)



Running Bare Jemima  
twin pack sports socks,  
\$34.99, [www.runningbare.com.au](http://www.runningbare.com.au)



Echt Arise V2 leggings  
(in various colours),  
\$55, [www.echt.com.au](http://www.echt.com.au)

## In my activewear

WITH SPRING NOW HERE, WHAT'S ONE FOOLPROOF WAY TO MAKE EXERCISE MORE APPEALING? SOME BRAND SPANKIN' NEW ACTIVEWEAR, OF COURSE!



Harmony Inspired  
Spot Me leggings,  
\$89, [www.harmonyinspired.com.au](http://www.harmonyinspired.com.au)



Adidas Magic logo tee (in various colours),  
\$50, [www.adidas.com.au](http://www.adidas.com.au)



AirDP by Goose Tech Air Wind  
jacket (in various colours),  
\$139, [www.airdpstyle.com](http://www.airdpstyle.com)



Lululemon Energy bra  
(in various colours), \$59  
[www.lululemon.com.au](http://www.lululemon.com.au)



Lorna Jane Luminata sports bra,  
\$69.99, [www.lornajane.com.au](http://www.lornajane.com.au)



New Balance Coast  
sneakers, \$110, [www.theiconic.com.au](http://www.theiconic.com.au)

**scout**

# SHOP...



Cabana with Louenhide rose gold clutch  
with Cabana jewellery



Sparrow Littles Lifestyle with  
Alex & Ant top and  
chambray shorts and bag



Sparrow Littles Lifestyle with  
Alex & Ant playsuits



Soho Girl with Auguste Wylde  
Play Dress, Jaggar shoes,  
fallenBROKENstreet millinery,  
Vieux Sunglasses



Harry's Jeans,  
Rock revival Jeans



Cabana with Louenhide Handbag  
and clutch with Cabana jewellery



Harry's Jeans,  
True Religion Dress



Amore Jewellery,  
Pink Triple Ring

# WELLBEING...

## WALK IT OUT

WHETHER YOU'RE AFTER A HARDCORE HIKE, A STROLL WITH YOUR SOULMATE OR HAVE A FAMILY IN TOW, PUT ONE FOOT IN FRONT OF THE OTHER ON ONE OF THESE LOCAL WALKS – YOUR MIND, BODY AND SOUL WILL THANK YOU FOR IT.

### FOR THE CHALLENGE

Springbrook National Park is known for its cascading waterfalls, rock pools and glow worm caves, but the twin peaks of Mount Cougal provide a great challenge for committed hikers. While it definitely isn't for the faint of heart, the views and caves that you're treated to along the way certainly make the trek up Mount Cougal well worth your while. Stretching 10km, the walk takes you through fields, up rock faces, across the rainforest floor and up to the peaks of the mountain itself where you can enjoy sprawling views of the coastline, Mount Warning and Tweed Valley.

For those with a fear of heights, Mount Cougal offers another great walk a bit closer to sea level – the Cougal Cascades. The walk is a 1.6km round trip, partially on well-maintained bitumen, and you'll pass the remnants of a 1940s sawmill that was once used to produce timber. Explore the area, keeping an eye out for the land mullet – the world's largest skink, which calls the Godwana Rainforest World-Heritage Area, that Springbrook is part of, 'home' – and then treat your trotters to a dip in the rock pools.



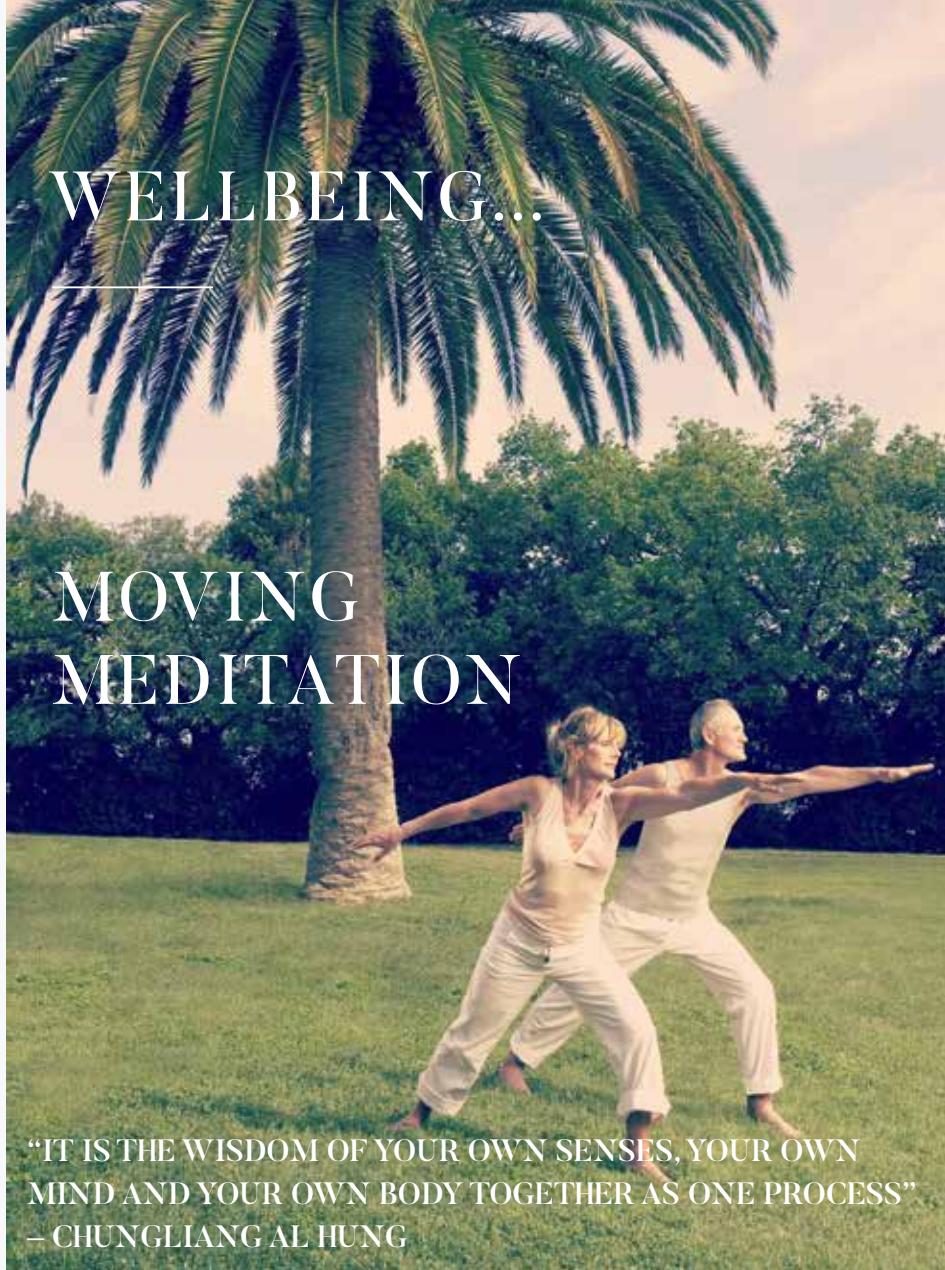
### FOR THE COUPLES

Whether it's catching a wave or catching up with friends, Burleigh Heads is kind of a one-stop shop for everything you could ever need – including a great bushwalk. The rugged headland and rocky foreshore of the Burleigh Heads National Park make it a stunning spot for hiking and the various swimming spots – the slice of paradise that is Echo Beach, for example – and rainforest canopies make it a 'walk in the park' all year round. From the mangroves down by the sea to the Pandanus groves that line the walkways, there's no better place to get to know your special someone. And, depending on the time of year, you can make your way down to the water or stop at one of the lookouts along the way to see migrating humpback whales or dolphins at play. Then, when you're done, a romantic picnic on Burleigh Hill is the perfect reward for your efforts.

### FOR THE FAM

The estuary of Currumbin Creek is one of the best places to watch the sea and bird life in their natural habitat, and the boardwalk of the Beree-Badalla Reserve offers the ultimate vantage point. Set back from the coastline on the Western side of the Gold Coast highway, the Beree-Badalla Reserve boardwalk is less than a kilometre in length – but those hoping for a longer route can continue through Tarrabura Reserve and back again for a 2.4km round trip – making it ideal for families. It's also a great spot for fishing and swimming and is dotted with picnic tables for those hoping to make a day of it. With the pirate ship playground at the Palm Beach Parklands and Dune Café close by, there are plenty of spots to stop and refuel before continuing toward the mouth of Currumbin Creek. Plus, the Beree-Badalla Reserve boardwalk is dog-friendly, meaning your pup can join in on the hike – so long as they're on a leash.





# WELLBEING...

## MOVING MEDITATION

**"IT IS THE WISDOM OF YOUR OWN SENSES, YOUR OWN MIND AND YOUR OWN BODY TOGETHER AS ONE PROCESS"**  
– CHUNGLIANG AL HUNG

It's likely that you've never given tai chi a go, but once you experience the mind calming and body strengthening benefits of this Chinese martial art, we can guarantee you'll be hooked.

A favourite for people young and old, tai chi is a weight-bearing exercise (that is, one done while on your feet, so you bear your own weight) and a form of Chinese martial art. Much like acupuncture and herbs, it is an important part of Chinese medicine – it is a holistic experience, increasing blood and energy flow through the gentle contraction and relaxation of the muscles, and promoting a state of meditation through deep breathing and concentration.

"Tai chi is so much more than physical exercise," explains tai chi instructor Denise Bloom. "It's relaxing and enjoyable, and one should feel calm, reenergised and in complete balance by the end of the hour."

With an emphasis on balance, tai chi works

both sides of the body equally and, unlike other forms of exercise, is done very gently. Denise teaches two kinds of tai chi classes – one is more casual and easier to follow, while the other focuses on form and requires greater dedication. Both classes begin with deep breathing, meditation and movements that mobilise the joints and move energy through the whole body.

"People really appreciate the opportunity to move in this quiet, relaxed way, and the techniques we work on – like deep breathing, for example – can be taken away and used to calm oneself anywhere, any time," says Denise. "When we understand that we're much more than our physical being – we are mind, body, spirit and energy – when something isn't flowing properly, we certainly become aware of it as our bodies let us know. Tai chi aims to keep things flowing... like a river."

## FREE TAI CHI ON THE GC

Keen to have a go? Check out these tai chi classes on the Gold Coast – they're all absolutely free and you can find one on almost any day of the week!

### Monday

**8.15am** Pacific Pines Central Park, Hotham Drive, Pacific Pines. Hosted by Academy of Yang Tsin Su.

**8.30am** Justins Park, The Esplanade, Burleigh Heads (meet northern side of Burleigh Heads SLSC). Hosted by Australian Academy of Tai Chi, also on Wednesdays.

### Tuesday

**8am** Gold Coast Regional Botanic Gardens, 230 Ashmore Road, Benowa. Hosted by Academy of Yang Tsin Su.

**8.30am** Hollindale Park, Macarthur Parade, Main Beach. Hosted by Australian Academy of Tai Chi.

**9am** Firth Park, Somerset Drive, Mudgeeraba. Hosted by FitLife Martial Arts.

### Wednesday

**8am** Laguna Park, Laguna Avenue, Palm Beach. Hosted by Academy of Yang Tsin Su.

**8.30am** Paradise Point Parklands, The Esplanade, Paradise Point. Hosted by Academy of Yang Tsin Su, also on Fridays.

**10.30am** On the waterfront, Varsity Parade, Varsity Lakes. Hosted by Australian Academy of Tai Chi.

### Thursday

**8am** Kurrawa Park, Old Burleigh Road, Broadbeach. Hosted by Australian Academy of Tai Chi.

**10.30am** Carrara Community Centre, Nielsens Road, Carrara. Hosted by Australian Academy of Tai Chi.

### Friday

**8am** Gold Coast Regional Botanic Gardens, 230 Ashmore Road, Benowa. Hosted by Australian Academy of Tai Chi.

### Saturday

**8am** Broadwater Parklands, Marine Parade, Southport. Hosted by Academy of Yang Tsin Su.

**8am** Country Paradise Parklands, 74 Billabirra Crescent, Nerang. Hosted by Academy of Yang Tsin Su.

# WELLBEING...

## YOUR WELLBEING OASIS

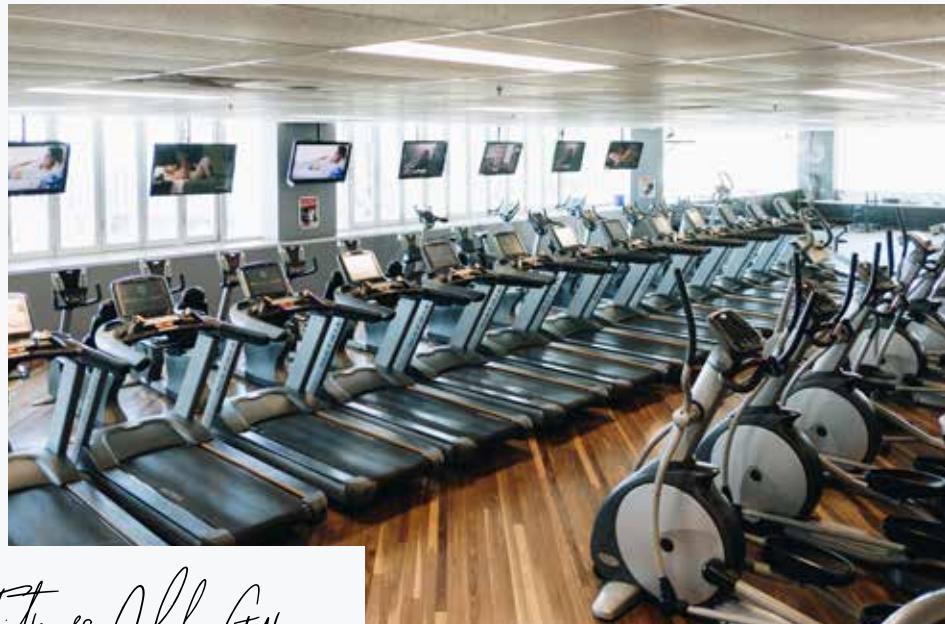
THE OASIS IS PROVING ITSELF A LITERAL OASIS WITH A HOST OF BEAUTY AND WELLNESS PROVIDERS KEEPING GOLD COAST BODIES LOOKING THE GOODS AND FEELING GREAT TOO.



### Australian Sport Nutrition

Since opening our doors in 2002, Australian Sports Nutrition (ASN) has paved the way as a premium sport and health supplement supplier across Australia. They've proudly earned a reputation for providing quality supplements at affordable prices, met by truly unrivalled customer care. Their core purpose is to support you in achieving your health and fitness goals, to empower you to transform your life.

**5575 6333**  
[www.australiantsportsnutrition.com.au](http://www.australiantsportsnutrition.com.au)



### MyFitness Club Gym

MyFitness Club is a fully-equipped fitness club and gym striving to create a sociable and warm environment that will give members and visitors the confidence to start their journey to an awesome level of health and wellbeing. Getting in shape is so much easier when you are in a comfortable environment with friendly and supportive staff. At MyFitness Club we aim to guide all of our members through an enjoyable journey, by providing the best facilities, diverse classes and effective personal training.

**5504 5480**  
[www.localfitness.com.au/myfitness-club-broadbeach](http://www.localfitness.com.au/myfitness-club-broadbeach)



### My Health Massage

My Health Massage and Day Spa offer a bounty of holistic natural therapies to increase health and harmony. From organic facials and body spa treatments to remedial massage, hot stone therapy and sacred bodywork - creating some time out to receive is essential to our wellbeing. Try their Hawaiian Kahuna bodywork or Yoga Massage therapy, indulgent spa body treatments or an all-natural cleansing facial. Pamper packs and gift vouchers also available.

**0417 710 511**  
[www.myhealthmassage.com](http://www.myhealthmassage.com)

# Ricochet Hair

Ricochet Hair & Beauty invites you to visit our salon for all of your hair care needs and beyond.

From the moment you step inside you will feel the warm greeting of our team complemented by a relaxed atmosphere. We work closely with our clients to understand their needs and achieve their desired look. All of our services are delivered with creativity, high standards and the client in mind.

The Ricochet Hair team understand your time is of great importance and strive to offer a refreshing and efficient salon experience. Come and visit us at our Broadbeach location on the Gold Coast and indulge in our list of services including hair and beauty. We also stock a range of hairdresser quality products. Sit back and relax while we take care of your beauty needs – Call us to book your next appointment.

**5592 5494**

[www.ricochethair.com.au](http://www.ricochethair.com.au)



## My Health Yoga

Carrie-Ann Fields of My Health Yoga has taken her Gold Coast yoga teacher training worldwide! Carrie started "My Health" 20 years ago, aged 20, and was offering natural therapies, counselling and yoga to the Broadbeach and wider communities. However, she found her yoga offering was the most successful aspect of her business, and changed her business name to My Health Yoga, to reflect that popularity. In 2014, My Health Yoga took its training courses global and now has 1100 trainees throughout Africa, the UK, Europe and beyond. There are even on-demand online classes through My Health TV.

**0402 838 545**

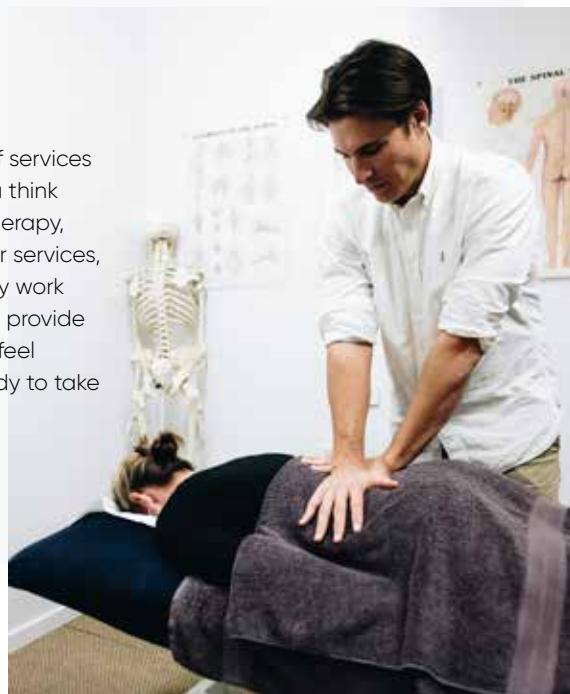
[www.myhealthyoga.com](http://www.myhealthyoga.com)

## Raw Therapies

Raw Therapies offers a range of services to help you feel your best. If you think you could benefit from physiotherapy, massage, Pilates or other similar services, get in touch with the team. They work together to treat your pain and provide you with relaxing relief so you'll feel refreshed, rejuvenated and ready to take on the day.

**5592 1341**

[www.rawtherapies.com](http://www.rawtherapies.com)



### The Oasis is at:

**75 Surf Parade, Broadbeach**

[www.oassisshoppingcentre.com](http://www.oassisshoppingcentre.com)

# WHAT'S ON...

18 / SCOUT / SPRING 2018



**SEP 28-29**

## THE LEGEND OF DUNHUANG AT THE STAR

China's acclaimed dance sensation is coming to Australia, with the Gold Coast debut of 'The Legend of Dunhuang' set for late September. Be taken back in time to experience China's rich history through classical and modern dance, breathtaking scenic backdrops, Buddhist art and colourful costumes – all from The Star Casino.

[WWW.DUNHUANG.COM.AU](http://WWW.DUNHUANG.COM.AU)



**SEP 22-23**

## OZ COMIC-CON

It's Australia's biggest pop-culture and comic event, and it's coming to Brisbane in September. Rub shoulders with the stars of your favourite TV shows and movies, buy awesome merchandise and see some of the best costumes and cosplays around – or dress up yourself!

[WWW.OZCOMICCON.COM](http://WWW.OZCOMICCON.COM)

**SEP 14-23**

## SWELL SCULPTURE FESTIVAL

Year after year, SWELL Sculpture Festival sees Currumbin transformed by awe-inspiring sculptures by nationally and internationally-acclaimed artists. But the fun doesn't end when night falls. Enjoy guided twilight walks, artist talks and artist led workshops over the ten day festival.



[WWW.SWELLSULPTURE.COM.AU](http://WWW.SWELLSULPTURE.COM.AU)



**SEP 28-1 OCT**

## HOTA // KIDS TAKE OVER

This fun-filled mini-fest will see kids take the lead, creating, communicating and making a mess these school holidays. Whether you're (bravely) having your hair cut by kids, enjoying the super charged line-up of the Kids Comedy Hour or the stinkiest acrobats around, or joining the Boxwars team create mega and mysterious creations, be sure not to miss all of the (free) kid-focused fun.

[WWW.HOTA.COM.AU](http://WWW.HOTA.COM.AU)

**OCT 6-7**

## COOLANGATTA GOLD

One of the premiere events on the Ironman calendar, the Coolangatta Gold will see athletes come from far and wide to tackle the gruelling 41.8km long course and 21km short course. Ironmen and women will surf ski, swim, board and run their way to the finish line in the ultimate display of strength and endurance – will you be part of the action?

[WWW.SLS.COM.AU/COOLANGATTAGOLD/](http://WWW.SLS.COM.AU/COOLANGATTAGOLD/)



scout

**OCT 13-14****BUSKERS BY THE CREEK**

Australia's largest busking festival returns for its fifth year, but this time it has a Brazilian twist. Inspired by the sights and sounds of Carnivale, Buskers by the Creek will delight spectators with Brazilian entertainment, roaming dancers, sequins and so much more – all at the stunning creek-side location of Winders Park.

[WWW.BUSKERSBYTHECREEK.COM.AU](http://WWW.BUSKERSBYTHECREEK.COM.AU)

**OCT 19****IL DIVO AT HOTA**

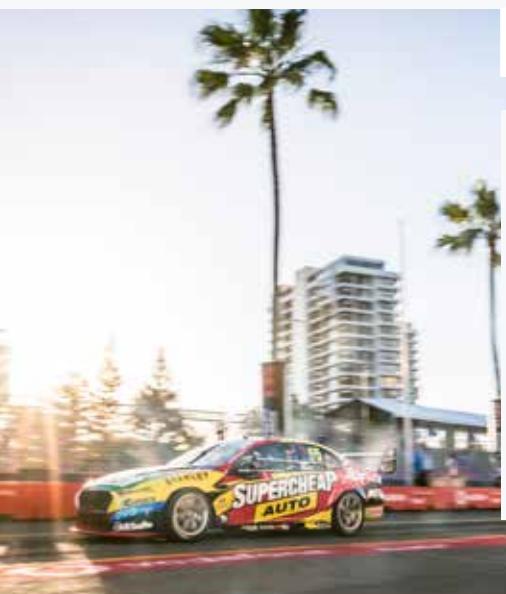
They're the original – and the best – classical cross-over group, and Il Divo are making their way down under later this year for their fourth global tour. Watch one of the world's best-selling musical groups – the multi-national quartet have shared microphones with the likes of Barbara Streisand and performed for Barack Obama – take the stage at HOTA for a night you won't forget.

[WWW.HOTA.COM.AU](http://WWW.HOTA.COM.AU)

**OCT 19-21****GOLD COAST 600**

Here the engines roar and smell the burning rubber when the Gold Coast's biggest weekend of motor entertainment returns to the streets of Surfers Paradise. Racing fans and locals alike will be thrilled by spectacles on and off the racetrack, with a bumper line-up of entertainment and activities also in store.

[WWW.SUPERCARS.COM/GOLD-COAST](http://WWW.SUPERCARS.COM/GOLD-COAST)

**OCT 7-13****WORLD PARACHUTING CHAMPIONSHIPS,**

As if jumping out of a plane wasn't impressive enough, the World Parachuting Championships are set to stun the Gold Coast with teams from over 45 countries competing in events like formation skydiving and more. Watch on huge screens, or wait at the drop-zone, at the Runaway Bay Sports Super Centre – this event is not one to miss.

[WWW.APF.COM.AU](http://WWW.APF.COM.AU)

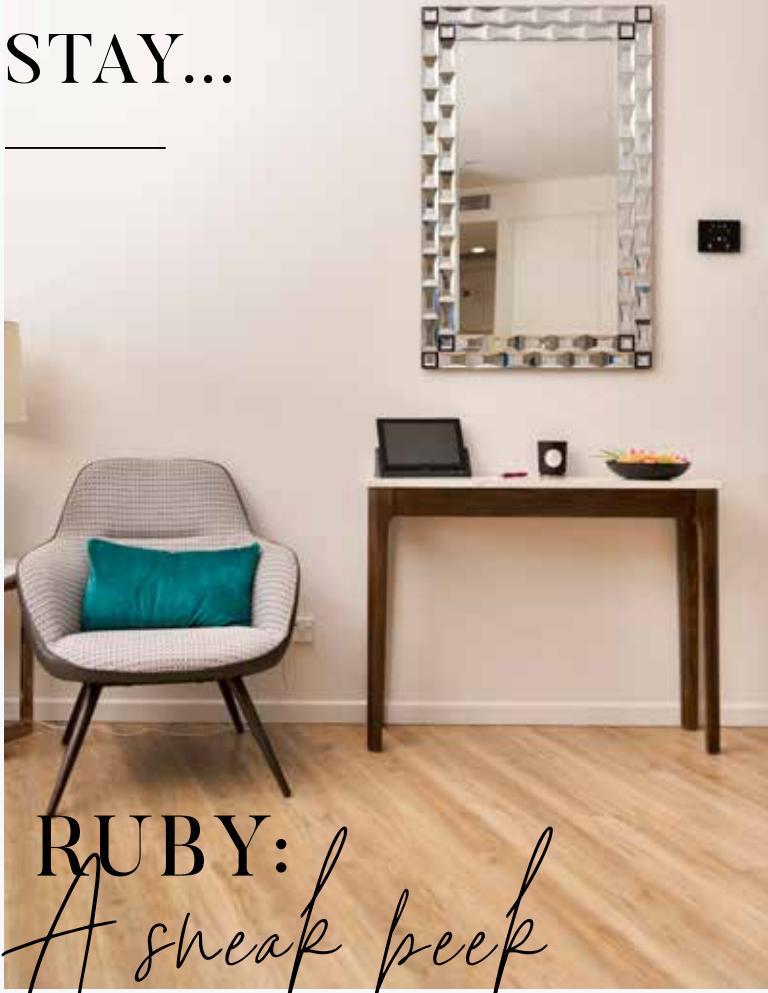
**NOV 29 - DEC 2****AUSTRALIAN PGA CHAMPIONSHIPS**

Watch the golf world's biggest stars compete for Australia's oldest golf trophy – the Kirkwood Cup – when the Australian PGA Championships hit the Gold Coast in late November. You can see all of the action right from the sidelines of RACV Royal Pines' championship golf course at RACV Royal Pines, with either a one-day or a season pass.

[WWW.CHAMPIONSHIP.PGA.ORG.AU](http://WWW.CHAMPIONSHIP.PGA.ORG.AU)



# STAY...



## RUBY: *A sneak peek*

YOU'VE SEEN ALL THE CONSTRUCTION,  
NOW SEE WHAT'S BEHIND THE WALLS OF  
THE GOLD COAST'S NEXT BEST THING...



With only a few months until The Ruby Apartments opens, the countdown is on to ensure that families don't miss out on staying at this 'precious gem' over the Christmas school holidays.

Construction of Tower 1 in the billion-dollar development "The Ruby Collection" is on track and the Ruby team confirms that everything is set for their first guests on November 5. With fit-out of their two-bedroom apartments coming together, Ruby CEO David Brook is thrilled with the look and feel and believes The Ruby Collection will raise the standard of holiday accommodation on the Gold Coast.

"With an emphasis on space and design, each apartment exudes a luxurious feel that complements our Gold Coast surrounds," David says.

Designers have used teal and earthy tones to bring together an ocean and hinterland vibe. Rose gold accents throughout each apartment are modern yet timeless touches and are inspired by this destination's namesake, Ruby.

The first tower will feature 243 apartments and villas with ocean or hinterland views, each with a full kitchen, lounge and dining areas, private ensuite with shower and little extras such as USB charging points, Smart TVs so you can pair your own device, complimentary Wi-Fi and easy access to Ruby's own digital concierge.

People wanting to be the first to stay at the brand new Ruby Apartments, can take advantage of the special pre-opening packages and save up to 50 per cent. All pre-opening packages are on sale for a limited time and available for travel from November 5, 2018 to March 31, 2020. Book online.

[WWW.THERUBYCOLLECTION.COM.AU](http://WWW.THERUBYCOLLECTION.COM.AU)





## Discover THE RUBY DIFFERENCE

Where family-friendly facilities and innovative features meet subtle elegance and understated style.

The Ruby Apartments, the first tower of The Ruby Collection, is **set to open this November** on the Gold Coast offering stylish yet spaciously designed one, two and three-bedroom apartments, villas and sky suites catering perfectly for families, couples or even single travellers. The 24-hour arrival experience, personalised service and resort style amenities immediately sets Ruby apart.

Awaiting outside your room is a swimming pool, children's splash zone and waterpark, the rocket kids club, daily activities program and more to keep the younger ones entertained as well as a selection of dining and entertainment options for the adults which offers all guests a place to relax and unwind without ever having to leave.

Driven by the philosophy 'We Don't Do Ordinary' The Ruby Collection offers a complete holiday experience in a place where you can expect the unexpected.

Visit [www.therubycollection.com.au](http://www.therubycollection.com.au)

# STAY...

## HOLIDAYS

*just got easy!*

### BOOKING A GOLD COAST HOLIDAY AND WANT TO MAKE THE PLANNING SUPER EASY? HERE'S HOW...

Here on the Gold Coast, many holiday homes include pools, large living and outdoor spaces, entertainment rooms, indoor cinemas and spacious bedrooms – perfect for large family holidays, getaways with friends, or corporate retreats with key executives. But with larger group or family holidays comes an increased level of planning and structure. My Holiday Concierge can help take the stress out of your planning. My Holiday Concierge can help you by providing food arrival supply packs, catering, transfers and car hire, equipment hire, housekeeping, grocery and drinks shopping, booking of tours/packages and more – it's all of the service of a hotel concierge, from the comfort of your own (holiday) home.

#### HOW THEY HELP ...

**Arrival supply pack:** My Holiday Concierge will collect your personalised grocery order, put away the groceries in the fridge/freezer and pantry, ready for your arrival, so your holiday starts immediately. Or, you can simply organise to start your holiday with some cheese and crackers or, if arriving late, a Welcome Essentials Pack – packed with night time snacks and breakfast items to start your first day – can be waiting for you upon arrival.

**In-house dining/beverage service:** Leave it to the pros to handle catering a holiday home full of hungry people. Sit back, relax and enjoy having your meal – your choice from set menu options, or you can build your own using Australian and international cuisines – prepared, served and cleared. Fresh, flexible and completely customised to you. Cocktails and beverage services are also on offer.

**Discounted tours and theme park bookings:** There is so much to see and do on the Gold Coast, and whether you're planning a family fun day out or activities for the kids, My Holiday Concierge – with their local know-how and connections – will organise discounted theme park outings, bookings for attractions and play options to let you focus on more important things – like chilling out.

**And more:** From transfers and car hire and tours and attractions around the Gold Coast, to beauty treatments and massages, mid-stay cleaning, hiring baby items, bikes and water sports equipment, and even organising celebrations for your loved ones, the My Holiday Concierge team has your dream holiday covered.

[WWW.MYHOLIDAYCONCIERGE.COM.AU](http://WWW.MYHOLIDAYCONCIERGE.COM.AU)



#### ELITE OPTIONS

Looking for affordable luxury, or seeking somewhere different to make memories and enjoy unique experiences? One of the Gold Coast's premier holiday home providers, Elite Holiday Homes, have more than 45 stunning holiday homes for you to find your fit. Take your pick from an array of superbly-appointed waterfront and beachside accommodation, all of which are conveniently located within easy walking distance of restaurants, shops and the Gold Coast's beautiful beaches. From their friendly service to their fantastic prices, there couldn't be more reason to choose Elite Holiday Homes for your next family vacation or conference.

[WWW.ELITEHOLIDAYHOMES.COM.AU](http://WWW.ELITEHOLIDAYHOMES.COM.AU)



# DAY TRIPPIN'...

## MONTVILLE MAGIC

PERCHED HIGH ON THE BLACKALL RANGE IN THE SUNSHINE COAST'S HINTERLAND, A WALK DOWN MONTVILLE'S MAIN STREET FEELS LIKE A STEP BACK IN TIME.



### DINE

Rich mountainous farmlands and a temperate climate create the perfect conditions for local farmers to grow the freshest, tastiest produce and Montville's many restaurants certainly make the most of it. Whether it's breakfast with a view at panoramic Altitude Café or a hearty stew at Gypsy's Table, Montville's dining options boast homegrown produce served with a side of small town hospitality – a combination that can't be beaten.



### WINE

Just a short drive north-west from Montville's Main Street, you'll spot the bright red Flame Hill Vineyard through the lush green trees before you see it. Taking advantage of the rich soil and native flora, Flame Hill offers fine dining, wine tastings and a cellar filled with wines, condiments and relishes straight from the farm. Other Montville wine options include Mason Wines and Castle Glen, which can be found in Montville Cellars.

### PLAY

A rainforest mountain range, a stunning dam and a national park complete with a cascading waterfall – these are just some of the natural wonders that are easily accessible from Montville. Hikers can find adventure along the Sunshine Coast Hinterland Great Walk (a range of experiences can be enjoyed along this 58km trail, from half-day walks to three-day walks with camps), day trippers will love Kondalilla Falls, while art-buffs will gravitate to the various Montville galleries.



# ADVENTURE...

## CAMPING BUCKET LIST

WHO SAYS A TRIP ABROAD IS THE ONLY CURE FOR WANDERLUST? THERE ARE PLENTY OF NATURAL WONDERS AND MUST-SEE DESTINATIONS RIGHT HERE IN OUR OWN BACKYARD, AND THESE BUCKET LIST CAMPING SPOTS ARE JUST A FEW OF THEM.

*Queensland*

### BOWEN

It wouldn't be a Queensland travel bucket list without mentioning a town that sits right on the Great Barrier Reef, and beautiful Bowen is one of the best. Famous for fresh mangoes and crystal-clear water, this dry tropical town is perfect in summer or winter, seeing less rain than others in the Whitsundays. With the reef itself just a short distance away (Bowen is one of the only places where the coral is mere metres from the shore) and plenty of historic landmarks and natural attractions nearby, the Harbour Lights Tourist Park is the best place to set up camp.



### CARNARVON GORGE

In Central Queensland, there is a gorge so long and deep that Indigenous peoples believe a Rainbow Serpent must have carved it out. The most visited destination in Carnarvon National Park, Carnarvon Gorge includes a number of must-see sites, from the Ampitheatre to the Moss Garden, as well as many caves – which feature Indigenous rock art – and basins. Takarakka Bush Resort is the best place to be to explore all that Carnarvon Gorge has to offer.



### ATHERTON TABLELANDS

An adventure in the northern Atherton Tablelands has everything: hikes through stunning scenery, rarely-seen animals, rich history and culture, plus craters, crystal caves and plenty of other geological wonders. But perhaps the most picturesque part of the Tablelands are its many cascading waterfalls and large natural rock pools – which one you float around in is up to you. The quiet, relaxing Atherton Halloran's Leisure Park is the place to be to experience everything the Tablelands have to offer.

# New South Wales



## WOLLEMI NATIONAL PARK

Another world heritage-listed national park, Wollemi is part of the Greater Blue Mountains region just a few hours north-west of Sydney. Soaring cliffs, lush forests and caves filled with glow worms are just some of the natural wonders you can expect at Wollemi, which lays claim to the title of New South Wales' largest wilderness area. But, never fear – it's a 'wilderness' but there are still powered sites for you to park your caravan and enjoy a night in these tranquil surrounds. Ganguddy, otherwise known as Dunns Swamp, is one such place. Perched on the banks of the Cudgegong River, it's an ideal spot to watch the native wildlife at play – you might even spot a platypus.

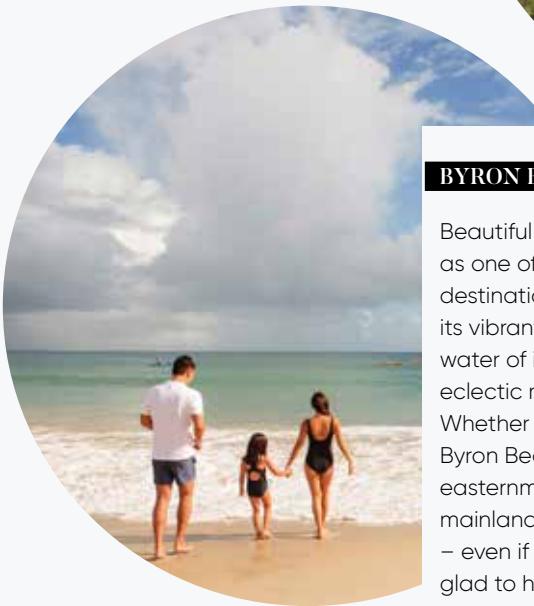
## OXLEY WILD RIVERS NATIONAL PARK

With cascading waterfalls, stunning mountain-scapes and an abundance of river pools, it's little surprise that Oxley Wild Rivers National Park is world heritage-listed – it looks like something on a postcard. Peppered with historic sites and panoramic lookouts, the national park is perfect for hiking, camping and even fishing, in the rivers that give the park its name. Set up camp at Aspley Falls campground, which offers scenic waterfall views and plenty of native wildlife.



## BYRON BAY

Beautiful Byron Bay is known worldwide as one of Australia's ultimate seaside destinations, and after a stroll through its vibrant streets, a dip in the crystal water of its beaches or a look around the eclectic markets, it's not hard to see why. Whether you're catching a live act at the Byron Beach Hotel or enjoying being the easternmost person on the Australian mainland at the Cape Byron Lighthouse – even if it's only for a moment – you'll be glad to have stopped by this iconic town. Stay at Reflections Holiday Parks Clarke's Beach to be in the centre of it all.



## GREAT OCEAN ROAD

People travel from far and wide to drive the famous Great Ocean Road. Stretching 244km between Torquay and Allansford, the road takes you past waterfalls, iconic surf breaks, wildlife reserves and the natural wonder that is the Twelve Apostles. Naturally, the Great Ocean Road Tourist Park is the ideal stop-off – not only is it a beautiful caravan park, but just 20 minutes from the Twelve Apostles and close to the ancient crater, volcanic landforms and abundant wildlife of Tower Hill, it's perfectly positioned for those hoping to take their time travelling the Great Ocean Road.

*Victoria*

## BRIGHT

Whether you visit in summer or winter, Victoria's High Country town of Bright is a must-see destination. Avid hikers and cyclists use Bright as a base for exploring the peaks of Mount Buffalo National Park, but there is plenty to see and do in and around town, too. Once a prosperous rail and gold mining town, Bright is as rich in history as it is in natural beauty – the huge, decades-old oaks, elms, poplars and Japanese maples are an example of both. Spend a night at the Bright Holiday Park to soak up all of the history and beauty.



## ECHUCA

A visit to the riverside town of Echuca truly feels like a trip back in time. Hop aboard a paddle steamer at the Port of Echuca Discovery Centre and ride down the Mighty Murray River, or explore the historic buildings of the town's High Street to really appreciate the legacies left behind by Echuca's early residents. Car connoisseurs will love the National Holden Motor Museum, whilst avid golfers will relish a day on the greens of the nearby Rich River. At just 2.5 hours from Melbourne, the Echuca Holiday Park makes a great first port of call for your road trip.

# ADVENTURE...

## TOP SHOTS

**THEY SAY AN IMAGE SPEAKS 1000 WORDS. IF THAT'S THE CASE, WELL, HERE ARE 2 MILLION OF THEM!**

TrickPic is an amazing new 3D interactive photo opportunity attraction on the Gold Coast. Set over five levels on Surfers Paradise Boulevard, Surfers Paradise, the TrickPic art-house gallery features amazing painted scenic art that invites visitors to actually appear as part of the 'live' scene. There are more than 30 interactive photo opportunities that feature a variety of special effects, such as optical illusions, animatronic movement with sound and interactive props. Visitors are encouraged to



take as many snaps as they like, as they explore each themed levels featuring mirror maze madness, crazy Aussie culture, killer and cuddly creatures as well as other cool urban art scenes.

TrickPic presents world-first concepts as it celebrates the global craze of smart phone sharing on social media, allowing visitors to capture images and video of themselves as if they were actually a part of the scene. Clever scenic design puts visitors in spectacular locations, such as hanging upside-down from the Sydney Harbour Bridge while clinging to a steel span, crawling out of a giant spider's nest or lying in the palm of a giant gorilla hand, 100m above the city!

The attraction is suitable for visitors of all ages and cultural backgrounds with a variety of scenes that are designed to appeal to everyone from cool teens and international tourists, to young kids right up to their grandparents.

[WWW.TRICKPIC.COM.AU](http://WWW.TRICKPIC.COM.AU)



*Tell your story!*

SAY THE WORD, FLICK US SOME PICS AND LET'S GIVE THEM SOMETHING TO TALK ABOUT!

**scout**  
LOCAL  
NOT ALL WHO WANDER ARE LOST.

**EAT | ADVENTURE | STAY | ELSEWHERE | WELLBEING | WHAT'S ON | SHOP**



*Book now for the Summer edition*

scout

# ADVENTURE...

## GATHER 'ROUND

THERE'S A FUN NEW WAY TO CRUISE THE GOLD COAST WATERWAYS AND IT COMES IN THE MOST UNIQUE FORM.

Most watercraft are streamlined and built for aerodynamics. But there's a fleet of fun new circular (yes: CIRCULAR!) boats doing the literal rounds of the Gold Coast – and guests are having a whale of a time in them! Coasting Around hire boats are affectionately known as "coasters". These circular fibreglass boats feature a large central table with interchangeable ice tray or barbecue station,



surrounded by luxury seating for up to 10 people. They are making waves for providing a unique floating group experience, perfect for birthdays, corporate team building activities or groups of mates just looking for some floating fun.

Throw in the anchor, crack a 'cold one' and listen to your favourite tunes. Self-drive round boats are customised to meet your needs. Coasting Around offers guests the option of BYO food, drinks and ice. There are three coasters in the fleet, able to entertain groups of up to 30 passengers at one time – book one or the whole fleet (fleet discounts apply). No boat licence is required.

Coasting Around boat hire operates throughout the beautiful Gold Coast waterways. Open seven days a week from sunrise to sunset. Located at Mariners Cove, Seaworld Drive, Gold Coast.

As a special for scout magazine readers, receive \$20 off any Coasting Around cruise with the promo code "scout".

[WWW.COASTINGAROUND.COM.AU](http://WWW.COASTINGAROUND.COM.AU)



## AIRPORT TRANSFERS



### ✓ Theme Park Transfers & Attractions

- Return transfers daily from theme parks to your Gold Coast Accommodation



**10% DISCOUNT**

**CODE: SCOUT**  
(Valid until 01/12/18)

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# ELSEWHERE...

## EMBRACE JAPAN

Words: Anastasia White

**IF THERE'S ONE WINTRY DESTINATION AUSTRALIANS HAVE BEEN FREQUENTING FOR YEARS, IT'S JAPAN. WITH INCREDIBLE CULTURE, PRISTINE SLOPES AND DELICIOUS (IF ADVENTUROUS) FOOD, IT'S THE PERFECT ESCAPE FROM OUR SUMMER HEAT.**

It may be just an eight-hour flight away, but Japan truly is a different world. Ever dreamed of petting a snake while enjoying the biggest, creamiest hot chocolate you've ever laid your eyes on? Or felt the urge to elbow your way down a busy street full of sparkly pink biker jackets and boutiques with names like 'Cute Cube'? Have you ever wanted to stand on top of a snowy mountain, simultaneously awestruck and terrified of the view below?

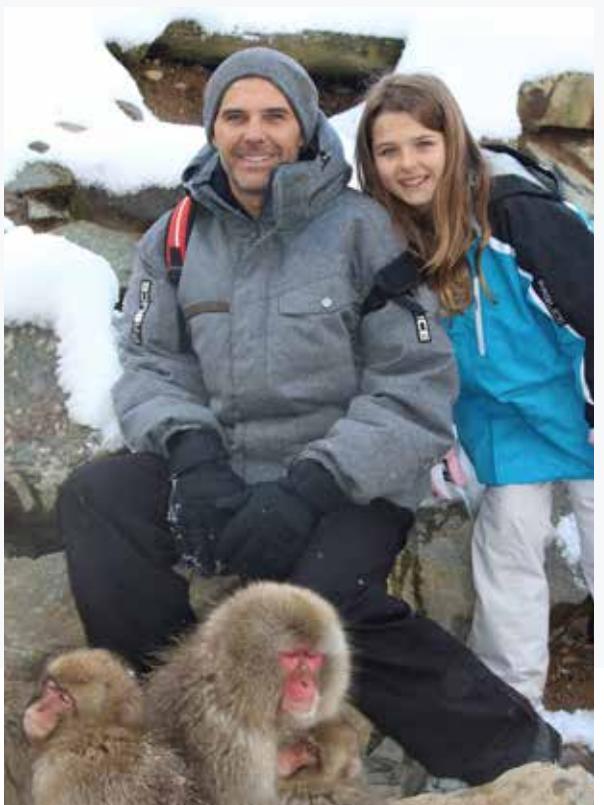
I can't say that any of these things were on my to-do list before I visited Japan – it was a place that I'd heard so much about, but probably wouldn't have visited on my own whim. But after spending five nights in bustling Tokyo and seven in Niseko – a skiing town near Sapporo on the northern Hokkaido Island – I absolutely understand the hype.

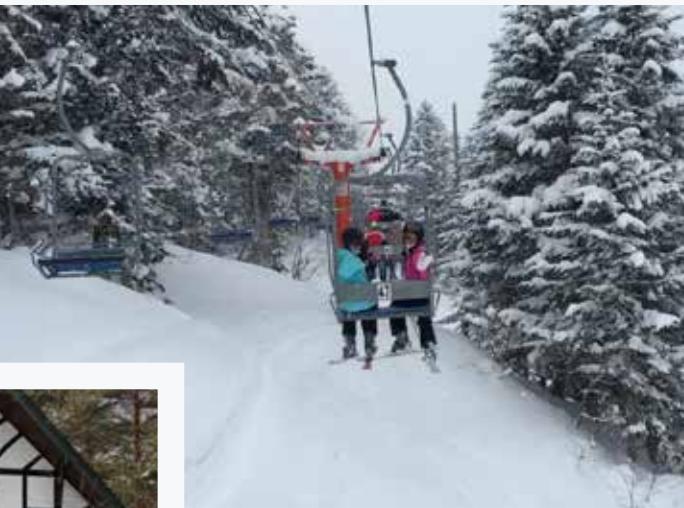
Tokyo is a whirlwind of bright lights, animal cafes and tempura. Whether you're singing (screaming) karaoke in Shinjuku, buying fuzzy tracksuits and hilarious sunglasses in Harajuku, or cuddling snakes and bunnies – separately, luckily for the bunnies – you'll be totally engulfed by the 'vibe' of Tokyo's distinct areas.

I stayed in an AirBnB in Shinjuku, nestled amongst big department stores and tiny bars. I got lost in the excitement of the city, both metaphorically and literally – on a night out with friends, we accidentally found ourselves miles from home in the middle of the famous Shibuya crossing, and on another night we walked for two-and-a-half hours in search of the perfect chicken katsu (which was around the corner from our apartment the whole time).

The Japanese are known for their hospitality and, though many speak some English, it's best to learn a few phrases – like "What sort of meat is this?" and "Excuse me, where is the nearest robot restaurant?" (which, yes, is totally a thing). Where taxi drivers can be tough to converse with, the train system is simple – it pays to do your research, but also roll with the punches. Be organised, open-minded and a little bit brave, and you'll have the time of your life.

Then, just as you've adjusted to the hustle and bustle, swap your coats for ski jackets and head to the slopes. A two-hour flight from Tokyo, then a three-hour bus ride away, Niseko felt more familiar to us Aussies (apart from the -7°C temperature). It's overwhelmingly populated by Australians, from tourists to store attendants,





drivers and tour guides – there are even flat whites (Australia's favourite coffee) available the restaurant halfway up the mountain.

Why go to Japan if you're going to be surrounded by Australians, you ask? Niseko still boasts authentic Japanese food, accommodation and onsens, not to mention the great powder on the slopes – it's not called 'Japow' for nothing.

The Hirafu area where I stayed is the biggest of four ski resorts dotted around the base of the mountain. The others (Annupuri, Niseko village and Hanazono) are all accessible by bus or, if you're brave, via the ski runs carved into the mountain. On our last day we made the trek up to the peak of the mountain, ignoring the 'expert only' signs along the way, with the intention of skiing down the other side to eat lunch at Annupuri. Even with my minimal skiing experience and paralysing fear of heights, the view from the top was well worth the embarrassment of the walk/bum-slide back down the mountain and long bus ride around – not over – the mountain to meet my friends at Annupuri. With that being said, I certainly wouldn't recommend following my lead – it turns out those signs were there for a reason.

When it comes to food, Niseko has as much to offer as Japan's bigger cities. Make okonomiyaki at a teppanyaki restaurant or enjoy Kazahana's spicy potato ramen, known to be the best in the area. But I found that the tastiest food was served on the street – the 'Taj Rolls' from a street kiosk (kind of like butter chicken in a soft taco) were phenomenal, as were the Nutella crepes. When we felt like eating in, the local 'Seicomart' convenience store offered chicken and rice dishes, salty potato wedges, and noodles... stuffed in a hot dog bun (a delicacy which, even after many dares, wasn't consumed by any of us).

All in all, it turns out there's a reason us Aussies (and the rest of the world) are infatuated with the Japan – I'm forever dreaming of my next trip. And with ski season fast approaching, an end-of-year adventure could definitely be on the cards.

## 'MUST VISIT' LIST: JAPAN EDITION

### *Hakuba*

Just five hours from Tokyo by bullet train, Hakuba is a popular choice for Aussies for its convenience. But there are heaps of other reasons to visit Hakuba. There is a huge variety when it comes to ski slopes, some of them notoriously steep, making it a firm favourite for avid skiers. The village experience is more traditional, with authentic Japanese restaurants and onsen, as well as shopping and bars. Take a day off from skiing to visit the Jigokudani snow monkey park!

### *Yuzawa*

The closest ski field to Tokyo (just two hours by train), Yuzawa is also one of the largest ski areas. There are approximately 20 resorts in and near Yuzawa, making it an ideal destination for skiers of all ages and experience levels. And if you're a fan of sake (Japanese rice wine), check out the sake museum at the Echigo-Yuzawa station before hitting the sake bath next door.

### *Nozawa Onsen*

Located at the bottom of Mt. Kenashi-yama (or 'Mt No-Hair'), Nozawa Onsen is beautiful all year round. As its name would suggest, Nozawa Onsen is one of Japan's most famous onsen towns and features many public hot springs (13 to be exact). If you visit in January, don't miss the Dosojin Festival – one of the three greatest fire festivals in Japan.

# LOCAL LOVES...

SCOUT ASKED SOME LOCAL PERSONALITIES JUST WHY THEY LOVE THE GOLD COAST SO, AND TO REVEAL THEIR FAVE HANGS. HERE'S WHAT THEY HAD TO SAY...



**MISSY ROBINSON**  
The Rebel Collective



**DAVID RIDDEN**  
Granddad Jacks



**MAL LEES**  
1029 Hot Tomato

**Which suburb do you call home?**  
Labrador, like the awesome dogs!

**What makes that suburb the best on the GC?** It's proximity to everything. You are close to the Broadwater and the hype of Surfers yet far enough away to feel like you're in the burbs with easy access to the M1!

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate?** I usually mix it up at different venues at Soul Boardwalk. I don't drink hot drinks so it would be either a Coca Cola (yes, bad I know - LOL!) and maybe a bagel or eggs benedict.

**Fave Gold Coast casual dining location?**

What's on the menu? Too many to name. Hogs Breath is an all-time favourite as well as Vapiano - you can't go wrong with their \$10 lunches. Nothing beats a chicken caesar salad wrap or a fresh pizza and pasta!

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** NightQuarter for a carnival feel – the venue has so many amazing foodies to choose from, live music and a great atmosphere. Seaside Bar & Restaurant on The Esplanade is a beautiful place to go as it has three levels, bistro, bar and dining and the view is spectacular. If we're up for something a bit rowdy, it's teppanyaki with the amazing chefs at Zushi Sushi – dinner and a show – you can't beat it!

**Best local spot for family hangs and why?**

Down on the Broadwater by Charis Seafood – a great place to walk with the dog and grab an icecream.

**Fave Gold Coast shopping destination?**

Harbourtown is always a winner for a bargain.

**Complete this sentence: Only a Gold Coast local knows...** That Gold Coast isn't what it used to be. It's more than the Glitter Strip and club life the city has always been known for. It's a hive of delicious eats and amazing independent shopping. Always something going on!

**Which suburb do you call home?** Miami

**What makes that suburb the best on the GC?** The people. They are so friendly and always keen to help each other out with whatever needs to be done. There's a growing list of craft producers and creatives in Miami and the business community works closely together; we have worked with local suppliers from start to finish.

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie?** Burleigh Social. Double shot flat white and a Hash Stack.

**Fave Gold Coast casual dining location? What's on the menu?** Ally Chow, Nobby Beach. Wagyu Brisket Thai Beef Salad.

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** We start at Black Hops Brewery in Miami then stop in at Lost Palms Brewery. After those two, we head to Night Jar in Burleigh with a dinner stop at Justin Lane Pizzeria or Mr Hizola's.

**Best local spot for family hangs and why?** Burleigh Hill on a Saturday or Sunday afternoon. It's one of the best spots on the Gold Coast with the best afternoon views and the vibe is so good – everyone is chilling out with family and friends.

**Fave Gold Coast shopping destination?** Don't shop much but when I do, Pacific Fair is my go-to place.

**Complete this sentence: Only a Gold Coast local knows...** The best places to go on the Gold Coast – there are so many hidden gems and only locals know where they are!

**Which suburb do you call home?** Southport is where I call home.

**What makes that suburb the best on the GC?** The Southport postcode covers a large area. It's the business and legal hub of the Gold Coast, and it's close to everything. All roads lead to Southport.

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie?** Pick a beach. Any beach is a perfect place to stop and relax. We tend to take it for granted and forget that people travel from all over the country to access what we call our backyard!

**Fave Gold Coast casual dining location? What's on the menu?** Too many to name. You cannot beat Jimmy Wahs at Burleigh. You've gotta try their soft shell crab... It's worth the journey.

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** Best place to start would be any surf club. You can't beat those views. Then maybe onto Broadbeach. Lots of dining choices and not too far from The Star. And The Star's not a bad way to finish!

**Best local spot for family hangs and why?** Broadwater Parkland is a great family area. So is the hill at Burleigh Heads. Great at sunset.

**Fave Gold Coast shopping destination?** You can't go past Pacific Fair.

**Complete this sentence: Only a Gold Coast local knows...** The rat runs to avoid the traffic during the GC 600!!!



**CR PAULINE YOUNG**  
City of Gold Coast



**GRANT BROWN**  
Mermaid Beach SLSC



**LINCOLN TESTA**  
Madisons Cafe

**Which suburb do you call home?**  
Burleigh, for 51 years.

**What makes that suburb the best on the GC?** I love the strong sense of community and village atmosphere with the close proximity to the beach, restaurants, markets and boutique shops.

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie?** Pantry Café – great coffee, great food, great service.

**Fave Gold Coast casual dining location? What's on the menu?** Commune – everything is amazing and always delicious.

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** Hellenika – for their rooftop bar and great food. Rick Shores – for their yummy bug rolls. Miami Marketta – always something fun happening there.

**Best local spot for family hangs and why?** Burleigh Point – need I say more?

**Fave Gold Coast shopping destination?** Stocklands Burleigh Shopping Centre – local, always run into people you know, has great variety of shops and businesses with friendly staff.

**Complete this sentence: Only a Gold Coast local knows...** James Street in Burleigh used to be a two-way street back in the day.

**Which suburb do you call home?**  
Varsity Lakes.

**What makes that suburb the best on the GC?** It's close to everything: Burleigh for a swim, easy to get into the hills to ride my bike and quick access to the M1 if I want to head to Cooly or across the border.

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie?** The Parlour Coffee shop at Burleigh West is my usual stop on my Saturday morning rides. I usually just have a coffee but when I do go back for brekkie I always go for the bacon and eggs.

**Fave Gold Coast casual dining location?**  
**What's on the menu?** Mermaid Beach Surf Club is my pick for good quality meal – either the grilled Barramundi or a chicken parmi.

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** Mermaid Beach Surf Club for a meal and a few beers. Metricon Stadium to watch a game especially when a team from Adelaide visits. Otherwise a backyard barbie with a few Coopers Sparkling.

**Best local spot for family hangs and why?** We like to head up to Mt Tamborine for an early morning walk followed by breakfast the Spice of Life Café. Otherwise we head down to Cooly or Rainbow Bay.

**Fave Gold Coast shopping destination?** Robina Town Centre – easy to get in and out, has everything you need and close to home.

**Complete this sentence: Only a Gold Coast local knows...** The colour of the blue sky on a warm winter's day.

**Which suburb do you call home?**  
Southport

**What makes that suburb the best on the GC?** The river views across Paradise Waters to Surfers Paradise cannot be beaten, especially at night.

**Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie?** Madisons Cafe and Patisserie, of course!

**Fave Gold Coast casual dining location? What's on the menu?** Anywhere at The Oasis at Broadbeach. You can find any type of dining you like there – just turn up and take your pick.

**You're planning a fun, local night out with your mates? Which three locations top your list and why?** A Gold Coast Titans rugby league game, then dinner and drinks at The Oasis, then take in a short stroll to The Star.

**Best local spot for family hangs and why?** Kurrawa Beach – there's a beautiful park there and the beach is family friendly.

**Fave Gold Coast shopping destination?** The Oasis!

**Complete this sentence: Only a Gold Coast local knows...** Where to take visitors for a good time!

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