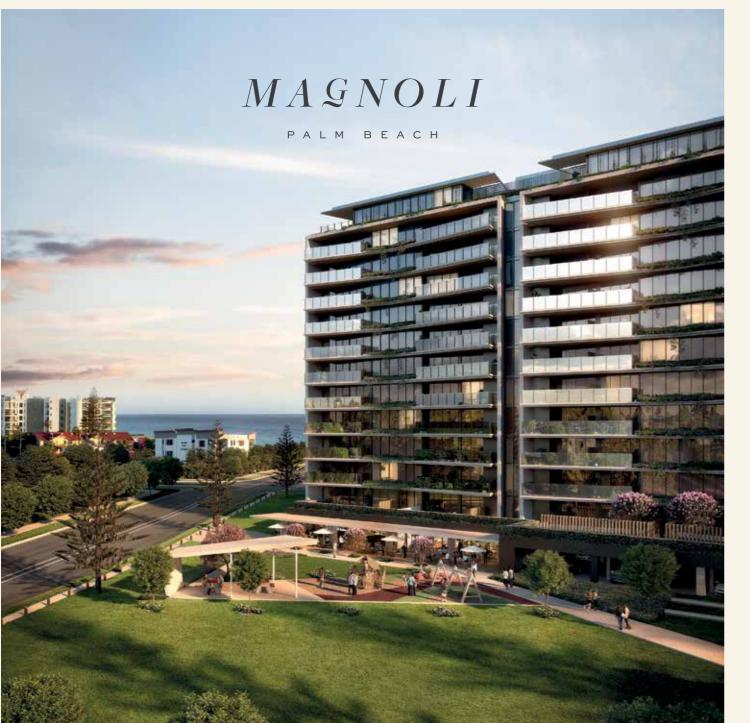
EAT | ADVENTURE | STAY | ELSEWHERE | WELLBEING | WHAT'S ON | SHOP





A VIBRANT LIFESTYLE, MOMENTS FROM THE BEACH

COMPLETED APARTMENTS AVAILABLE TO INSPECT 2 BEDROOMS FROM \$560,000 | 3 BEDROOMS FROM \$795,000

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WELCOME...

We're about wanderlust... The spirit of adventure... The thrill of the chase... The unbeaten path. We're about showcasing the best of the coast, the hotspots that locals know best.

Summer is an excuse to take the scenic route - time to slow down and enjoy the long days and balmy nights. Summer means more beach, more sea and more time to soak up that stunning view that stretches 57-kilometres up and down the coastline. From Coolangatta to that iconic sign welcoming you to Surfers Paradise (arguably our most photographed location, though there is plenty of competition), summer on the Gold Coast is pretty darn special - and scout magazine is your perfect companion to enjoy it all.

You've no doubt heard it before, so consider this a gentle reminder to explore the beauty that beyond the Glitter Strip the green behind the gold, if you will. Some of the best bush walks, waterfalls and quaint country towns await you in the Gold Coast hinterland, just a short drive west of our western suburbs. Whether you're keen to cool off in a rock pool or find a mountain to climb, you'll find plenty of local insight on our website. Just head to www.scoutmagazine.com.au to start exploring.

Whether you've packed us in your beach bag or your suitcase, we can't wait for you to dive headfirst into this issue. We're taking you island hopping and out on the water, sharing where the locals eat, play and explore in Main Beach and Coolangatta (or Cooli as we call it), and sharing all the ways you can cool off and feel the burn during these warmer months.

We will SHOP the new season threads, EAT at new hotspots and old faves, rediscover WELLBEING inside and out, ADVENTURE beyond the breaks, STAY just a night longer and venture ELSEWHERE when wanderlust calls.

As you scout around the Gold Coast make sure you check in with us on Instagram, Facebook or check our website for fresh stories.

- FOUNDER www.scoutmagazine.com.au



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WELLBEING

WHAT'S

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Currumbin Wildlife Sanctuary's Wild Island Adventure Splash Zone is now open offering kids up to the age of 12 a range of superfun timed water jets, streams and waterfalls to run through. Where else can you get up close to native and exotic wildlife and then cool off in a water park this summer?

As part of the Wild Island Adventure precinct, Splash Zone sits adjacent to Wild Island Playground. Set amongst a stunning landscape of sub-tropical flora and fauna



GET WET!

On the topic of splashing good times, the final pieces of the colourful puzzle are being put together on WhiteWater World's "Fully 6" waterslides which will make a serious splash when officially opened this summer. Construction started in July and here's a fun fact: Did you know that the parts for the Fully 6 waterslides were transported to WhiteWater World in thirteen 40ft containers all the way from Istanbul?! With a combined surface length of 500m, some five million litres of water will be pumped down the six slides each day.

As part of a \$7-million investment in WhiteWater World, the Fully 6 waterslide complex is the first new waterpark attraction to be built on the Gold Coast in five years and will be the only tower in Australia with six body slides. We, here at the scout office, know exactly where we are going to be this summer!

WWW.DREAMWORLD.COM.AU

rooms in four states and territories. It is the company's second hotel on the Gold Coast, sitting alongside the Hilton Surfers Paradise in their portfolio. Following the takeover, Dr Schwartz indicated that a major refurbishment program would be introduced to upgrade rooms to a 4/4.5star standard so they can attract a wider market, as well as upgrades to the food and beverage outlets and other facilities.

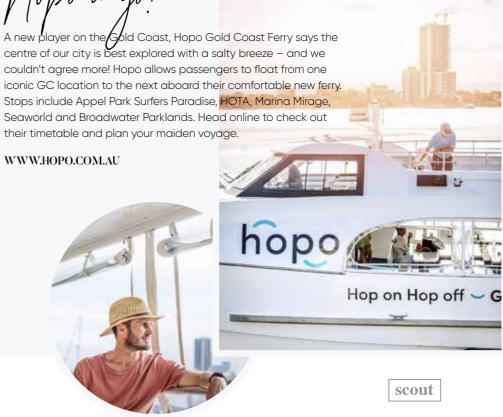


Everyone's fave Burleigh has a brand new (and super cool) kid on the block. Light Years Burleigh Heads is a modern Asian diner at 1848 Lower Gold Coast Highway. If the menu doesn't suck you in, the Instagram opportunities most definitely will. Pastel pinks, peach and other gelato colours pop on a backdrop of whitewashed brick and airy, light/ bright spaces. The menu offers loads of share-plate options so make sure you BYO special friend when you visit. With Light Years locations at Byron Bay and Noosa, you already know you're on a winner before you even arrive.

WWW.LIGHTYEARSASIANDINER.COM.AU

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their timetable and plan your maiden voyage.





BUYING HIS PIECE OF PARADISE

scout

and surrounded by sculptures of Australian

offers plenty for kids to climb and explore -

wildlife and natural features, this playground

including a spider's web, flying fox, adventure

play options and more! Access to Wild Island

Adventure Splash Zone and the playground is

available with the price of your entry ticket or

WWW.CURRUMBINSANCTUARY.COM.AU

membership.

Australia's largest private hotel owner, Dr Jerry Schwartz, is set to add a second Gold Coast hotel to his portfolio with an agreement to buy Paradise Resort. The 360-room property in Surfers Paradise was acquired for \$43 million, with final settlement planned for February 2020. The addition of Paradise Resort increases the Schwartz Family Company's network to 15 hotels offering more than 3500









QT Gold Coast is undergoing a refresh

to enhance all the things locals and travellers adore about the property. As part of the project, QT will launch a brand new venue – Calypso. Calypso will be a Palm Springs-inspired pool and elegant bar, complete with opulent cabanas, set to become the perfect venue to cool off (or let things heat up!) here on the coast. The luxury cabanas will be available to both locals and travellers alike, perfect for a 'daycay' escape. Think signature black-and-white stripes and boardshort-ready Tropicana patterns mixed with chalky white paving and furniture, succulent planters, grassy lawn and pergola alongside the new courtyard bar. According to QT, while there's a tangible Palm Springs vibe, Calypso offers quintessential Queensland lifestyle. It's set to open sometime in December.

To whet your appetite, here are some food teasers from the proposed Calypso menu:

Crab and bua roll on pops with Bacardi, pomegranate and mint Grilled halloumi sticks

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Bain Beach



Or should we say, "sea"? We couldn't talk about Main Beach without first mentioning its most iconic attraction, Sea World. Beloved by generations of Gold Coasters and tourists for bringing us up close and personal with magical marine animals (and doing incredible rescue work at the same time) Sea World is more than a theme park. Why not spend the night at the on-site resort, or hop aboard a whale watching cruise to see the spectacular sea creatures in their natural habitat? Other unique ways to see the area include the Aquaduck Safari and Gold Coast Parasailing, both of which depart from Main Beach.

Proximity to the beach and local walking trails aren't the only reasons we love Tedder Avenue – it's a shopping Mecca,

BB CLI

WHEN PEOPLE TALK ABOUT "SAVING THE BEST 'TIL LAST," THEY'RE OBVIOUSLY TALKING ABOUT COOLANGATTA. THE LAST STOP ON THE GOLD COAST BEFORE YOU HIT NEW SOUTH WALES, COOLY HAS A PERSONALITY ALL OF ITS OWN.

Surf club lunches are a favourite Gold Coast pastime and Coolangatta gives you not one but four options to choose from. While the Kirra SLSC does technically belong to Kirra, it's a short drive from Coolangatta's main street and well worth the journey. If you're after something a few hundred metres closer to Coolangatta central, the Surf Club Coolanaatta and Greenmount Beach Surf Club bookend Greenmount Beach and both offer spectacular views and even better service. Looking for the most Instagrammable dining destination? You can't go past the Rainbow Bay Surf Club Bar. Perched above Snapper Rocks, you're guaranteed a side of panoramic views when you drink or dine on the historic verandah.



PERFECTLY POSITIONED BETWEEN THE HUSTLE AND BUSTLE OF SURFERS PARADISE IN THE SOUTH AND THE SERENITY OF THE SPIT IN THE NORTH. MAIN BEACH IS A DESTINATION IN ITS **OWN RIGHT – AND A GLAMOROUS ONE** AT THAT.







scout

too. Whether you're in the market for fancy footwear or dazzling jewels, you'll find something to take home on Tedder Avenue – and plenty of spots to stop and refuel as you hunt for them. Further north, the waterfront Marina Mirage is a mall like no other. Boasting panoramic views of the Gold Coast Broadwater and a plethora of big brands and boutiques, you could happily spend the day (and a good portion of your holiday spending budget) here.

Faberience

While the atmosphere at Coolangatta is typically pretty laidback, there are a few key events big enough to wake the suburb from its restful slumber. Lovers of all things retro can't miss **Cooly** Rocks On, the two-week 1950s and 60s nostalgia festival that fills the main street with restored cars, revival bands and pin up girls every June. And, for the surfing mad, hang around Snapper Rocks in March for the Gold Coast's premier surfing festival, the **Corona** Open Gold Coast. You're sure to catch a glimpse of local and international surfing stars, and probably see a few records smashed in the process.

LEECHAR!



We're blessed with pristine beaches up and down the Gold Coast, but Coolangatta locals are particularly spoilt. Claiming much of **Kirra Beach** within its borders, you don't have to travel far to make use of the worldfamous Kirra surf break and Greenmount Beach. On the other side of the headland, Rainbow Bay, Snapper Rocks and tiny Froggy Beach are practically on your doorstep. Not only are you spoilt for choice when it comes to oceanfront walkways, lookouts and swimming spots – if you somehow get bored on the Queensland side, you can hop across the border to swim or surf at **D'bah.**



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EAT...

A FAMILY AFFAIR

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OOZING COASTAL CHARM AND OLD-SCHOOL SURF AESTHETIC, IT'S BEEN A WHILE SINCE KIRRA BEACH AND COOLANGATTA HAD A FACELIFT. BUT IF THERE'S ONE FAMILY WE WOULD TRUST WITH THE DELICATE PROCEDURE, IT'S THE ARCHDEACONS.

The Archdeacon name is synonymous with southern Gold Coast food and hospitality. Lead by dad-slash-executive chef Steve and mum-turned-operation-manager Donna, the clan has left its collective mark on Coolangatta over the past few decades - and they're certainly not done yet.

Steve, who began his hospitality career at Twin Towns some four decades ago, is no stranger to fast-paced working

environments or cooking for the masses. Following a successful stint as executive chef for Taphouse Group, Steve set off on his own in 2005 on a mission to bring a fresh, new vibe to Coolangatta.

"It was back in the day when the area really only had pubs and clubs on offer and we noticed a new generation of healthconscious punter coming through," says Steve. "They wanted alfresco dining with fresh, healthy menus."

And so, Café DBar and Gallery was born. Enlisting the help of Donna and their three daughters Brie, Emily and Ali, the venue grew to become one of the most iconic eateries on the Gold Coast.

"We grew up on the Gold Coast and we brought up our family here, too, so it made sense to develop our love of hospitality and tourism right here in our own backyard," says Donna. "Having the girls work in the business was the icing on the cake."



SKK AT KIRRA POINT

Together, the Archdeacons brought back retro milk bar shakes and burgers, while adding a fresh, local breakfast and lunch menu. But it wasn't long before their success had them looking for new ventures and, in 2017, the family followed the direction of eldest daughter, Brie, for their next project – BASKK at Kirra Point.

Contemporary and bright, with an array of curated cocktails and chargrilled dishes inspired by its beachfront location, BASKK's sophisticated design was instantly welcomed by locals and tourists alike. To this day, it's the place to be for a sunset drink.

With Café DBar as their mothership and other unique venues being added to their growing repertoire, this foodie family has the southern Gold Coast covered – and there is even more excitement ahead ...





Arche, ahead of the curve

With the hospitality scene well and truly covered, the Archdeacons - under the direction of youngest daughter, Ali – are now out to conquer the design space. Their latest project? Transforming the classic 1925 Queenslander, perched high on Dbar hill and adjacent to their first project, Dbar Café, into a luxe lifestyle and design Mecca. Curated with Ali's careful eye and unique style, Arche takes cues from ethical, sustainable and independent designers.

"I wanted to create a lifestyle experience, a one-stop shop, that also supports independent designers," says Ali. "There's something for everyone, allowing you to find the perfect dress, hat or jewellery alongside the contemporary wall art your house has been craving."

Edge and timelessness combine at ARCHE, which carves its own niche in the Coolangatta and Tweed region. Dusted in apricot hues, bright, open spaces and supersized curved mirrors, ARCHE makes the most of the ocean breezes, garden deck and the iconic Café DBar next door. Expect to find leading designers like Bec & Bridge, Elka Collective, Arthur Apparel, The Beach People, Rue Stiic, Will & Bear, Amber Sceats and Dylan Kain, as well as ARCHE'S own range, launched in collaboration with other designers and artists.



BASKK is celebrating New Years' Eve in style, with talented songstress Jade Holland performing an intimate dinner show to carry you into the New Year. The special \$99 set menu includes a five-course share banquet and a Chandon on arrival. It's all happening January 31, from 8.30pm until 1am.

Rum, don't

As if BASKK's intimate dining hall and pumping sunset deck didn't provide visitors with enough variety, the Archdeacons have expanded the impressive menu of offerings with a brand-new concept. A nod to local trailblazers in the rum industry, BASKK's new nook offers an array of rums from around the globe alongside a selection of spirits, wines and local beers.

BASKK Rum Bar has caused quite a stir since it officially opened in mid-October, with patrons loving the atmosphere in the dusty pink, Moroccan-inspired space. The curated drinks menu (featuring such concoctions as the 'Caipirinha sticky

finger' and the 'Mr David', both made with Husk Distillery's Pure Cane rum) heroes the unique flavours of the region. It also complements the selection of bar snacks, perfect for washing down your barbecue pork rum glaze bao or spiced rum chicken wings.

Adding another dimension to the already thriving Kirra Point venue, the BASKK Rum Bar caters to after-dinner drinks or Friday afternoon knockoffs. The Archdeacons invite you to watch the sun go down, gin in hand, savouring the tasty, Mediterranean-inspired share plate menu before retiring to the cosy rum bar.



EAT + SHOP...

YOUR SUMMER BREAK IS SORTED

SANCTUARY COVE OFFERS SO MANY GREAT OPTIONS FOR DINING, SHOPPING AND PLAY THAT ONE DAY'S NEVER ENOUGH – WHICH IS GREAT, BECAUSE YOU'VE GOT YOUR WHOLE SUMMER HOLIDAY TO ENJOY THIS PLACE!

Sanctuary Cove is an iconic waterfront village brimming with award-winning tenants. Not only can you get your retail therapy well and truly sorted, there's a pile of fantastic cafes, restaurants and bars to satisfy your hunger and/or thirst. Put these places on your Sanctuary Cove to-do list this summer:

SHOP: FOR YOUR ABODE

Cabana: From candles to pendant lights, and everything in between. Dalozzo Art: Let your walls do the talking. Decorum gifts: Gifts for your home. Hamptons Style: The name says it all. Perfect Décor: A wide range of perfect piece. Sanctuary Antiques: Where everything old is new again. Taj by Theo and Joe: For hero homewares pieces.

EAT: DAYTIME DELIGHTS

Bistro Nineteen: A superb menu spanning breakfast, lunch and dinner. **Pier B Café:** Lavish lifestyle meets

wholefood goodness. Quay Street Cafe and Bar: Instagram-worthy dishes.

Cove Tavern: Great food, cold drinks and an unbeatable atmosphere.

George's Paragon: A Sanctuary Cove institution. Anchor Buoy: Recline and dine waterside. Sushi Break: Authentic, fresh and totally moreish. Not your average sushi train.



SHOP: FOR YOU AND THE FAMILY

Calypso Resort & Swimwear: All your beach life needs. Cassardi shoes: Put your best foot forward Eev Fashion: Camilla lives here. Harry's Emporium: Denim heaven. Latitude Men's Collection: All things him. Sanctuary Resort Shoppe:

Gear up for resort-style living. Soho Girl: Fashionistas will flock here. Sparrow Kids: For well-dressed minis. Sports & Leisure Cove: Leisurewear everywhere.

Amoré fine jewellery: Special pieces galore. King Opal: Australia's favourite gem.

WWW.SANCTUARYCOVE.COM



EAT: AFTER DARK

Thai House: An authentic Thai dining experience. Ioesco: Modern Italian and Mediterranean combine.

Jonez on Food: Finest seasonal ingredients in contemporary combinations. Dragon Cove: Sanctuary Cove's premier Chinese restaurant.

Artichoke Restaurant & Bar: A favourite for yacht spotters and seafood lovers. Black Angus Bar and Grill: Seafood offerings just as good as the sirloin.



SHOP...

SHOPPING CENTRES, SIZE TOTALLY MATTERS. THAT'S WHY HARBOUR TOWN - AUSTRALIA'S LARGEST OUTLET SHOPPING CENTRE, CONVENIENTLY LOCATED 15 MINUTES NORTH OF SURFERS PARADISE - IS ALWAYS ON OUR LIST OF 'MUST VISIT' GOLD COAST DESTINATIONS.



With over 240 stores spread throughout Harbour Town's palm-lined, open-air malls, it's hard to picture a better spot for a shopping spree. Harbour Town is home to a plethora of Australian and international brands, most of which offer discounts of 30-70 per cent off. Expect to discover the likes of Calvin Klein, Tommy Hilfiger, Furla, Michael Kors, and Kate Spade, alongside iconic Australian brands like Oroton, UGG and Speedo. Having undergone several impressive transformations over the past few years (from the addition of the North West Mall to retailer upgrades, the arrival of new high-end brands and the unveiling of the Harbour Town Eats dining destination) there's never been a better place to spend the day.





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SCOUT / SUMMER 2019~20 / 11

Because no one can shop on an empty stomach, Harbour Town Eats offers an alfresco dining experience like no other. With over 20 eateries - from guick bites and "street food" stalls, to banauet menus, café fare and a sports bar setting new gastronomic trends there's truly something for everyone, whether you're a shopper, local or visiting tourist. Not to mention, the open-air plaza is the perfect meeting point for a pre-movie bite, before catching a flick at the Gold Coast's most affordable big-screen complex, Reading Cinemas.

If you're visiting from out of town, you may want to stop by Harbour Town's Tourism Lounge before you hit the shops - they offer all the services you'll need for a great day out, free of charge. It's here that you can secure your luggage and shopping bags, enjoy complimentary tea, coffee and filtered water and pick up a Tourist Discount Card to score further savings across a wide range of Outlet stores. There is also a free Outlet Shopping Shuttle, exclusively for tourists. With pick-up points at four convenient locations in Surfers Paradise and Broadbeach, you can easily make your way to Harbour Town Premium Outlets for the ultimate day out.

scout

WWW.HARBOURTOWNGOLDCOAST.COM.AU

SHOP...

NEW HORIZONS

RENOWNED BYRON BAY DESIGNER AND FORMER GLASS ARTIST COLIN HEANEY IS BACK ON THE SCENE, AND HIS NEW PROJECT IS PERFECTLY POISED TO BECOME THE GOLD COAST'S SUMMER STAPLE.

He is known by collectors around the globe for his acclaimed artistic vision and colourful imaginative and luxurious creations. Now, Colin Heaney is joining forces with former fashion model and New York designer Glovindria Singh to create a new luxury fashion brand – Miramaya.

Following a successful transition to fashion in 2008, made possible by extraordinary advances in digital technology that puts his art on lightweight and luxurious silk fabrics, Colin has created clothing and collectable homewares for the global elite. Commissions for palaces and mega yachts across the world are all in a day's work.

So, when Colin and Glovindria met at a costume party in Byron Bay and instantly felt as if they'd known each other for lifetimes, they knew it was fate telling them to embark on a joint project. Together, they created Miramaya – a celebration of their love for creativity, vibrant colours and flowing fabrics that make women feel beautiful. Miramaya elevates classic silhouettes into art forms, adorning kimonos, kaftans, scarves and

yoga wear with prints for any mood. From powerful customers can personalize their shopping and fiery to soothing and serene, inspiration from the feminine archetype is evident across the entire Miramaya range.

A collection of statement pieces in vibrant prints, each design exudes timeless glamour designed to uplift – don a Miramaya garment and you'll feel instantly uplifted.

Expect sensual, belted, long kaftans enhanced by hand-sewn beads, open sleeves and high slits designed to complement the female form: flowing and graceful. Using the highest quality silk and the finest articulate detail, Miramaya pieces are completed with polished perfection and radiate a timeless quality that never goes out of style.





"The interplay between silk and print creates a luxury that is constantly unfolding," says Colin. "It reveals itself in ephemeral shapes and optical illusions around the contours of a woman's form."

With Miramaya's made-to-order model, experience by selecting a garment shape, then choosing length, fabric and print. You can even adorn the label with a personalised message or dedication to make each piece even more special.

"We live in a world where fast fashion is one of the leading pollutants of our planet," says Glovindria. "Against this backdrop, there is a growing demand among shoppers for conscious clothing that is made with love and careful attention to detail."

Say hello to your new summer statement.

WWW.MIRA-MAYA.COM

scout







Miramaya, shop and receive a 20 per cent discount when you use





1. Solis and Mare Bahati set in steel, \$94, www.solisandmare.co 2. Seafolly Cut Copy bandeau one-piece, \$189.95, www.seafolly.com 3. Faithfull the Brand Anja shirred floral swimsuit in yellow, \$257.89, www.net-a-porter.com 4. ArchNOllie Poppy boys shorts, \$39.95, www.archnollie.com 5. Skwosh My Humps board shorts, \$79, www.skwosh.com.au 6. Zulu and Zephyr Blossom one piece, \$220, www.zuluandzephyr.com 7. Haight scoop-back swimsuit, \$245, www.matchesfashion.com 8. Olga Valentine kids' tank top bikini, \$79, www.theiconic.com.au 9. Tom & Teddy navy and orange turtles, \$59,95, www.tomandteddy.com.au 10. Budgy Smuggler Pelicanos, \$55, www.budgysmuggler.com.au 11. Infamous Swim Mini Me Candice one piece in sunset tropical, \$69, www.infamousswim.com & Infamous Swim Candice one piece in sunset tropical, \$128, www.infamousswim.com

WELLBEING...

SUMMER SKIN

SPAO'S THERAPEUTIC SEA SALT GLOW

Like a glass of green tea for your skin, the rich combination of organic green tea and sea salt deeply cleanses and exfoliates. Antioxidants like vitamins C and E help to restore a youthful glow, while the application of tangerine and rose moisturiser blended with sweet almond and sesame oils will leave your skin smooth and replenished.

\$140 for 60 minutes

ONE SPA'S URBAN DETOX FACIAL

Designed with modern multitaskers in mind, the Urban Detox Facial is a unique peel-off mask. Made with plantbased charcoal which effectively rebalances and energises the skin, this mask draws out pollution and purifies your pores. Want to look like the best version of yourself, free from the effects of daily stress and urban pollution? This is the mask for you.

\$160 for 60 minutes

EARTH AND SKIN'S SEASONAL FACIAL

Timing each release with the change of the seasons, this Earth and Skin offering is developed according to the weather your skin is experiencing at that time of the year. A bespoke facial designed to protect your skin against environmental damage, the products chosen will ensure your skin looks and feels its best.

\$180 for 60 minutes

ENDOTA SPA'S NEW AGE CLINICAL PEEL

Resurface, hydrate and brighten your complexion in just 30 minutes with Endota Spa's clinical strength, fast-acting chemical peel. Tailored to your individual skin concerns, each peel is skilfully selected by the expert therapists according to your skin's needs and will minimise fine lines and blemishes, improve hyperpigmentation, fade dark spots and clarify, brighten and smooth any dull complexions.

FROM HARSH WINDS TO HEAT AND HUMIDITY, A CHANGE IN THE SEASON CAN WREAK TOTAL HAVOC **ON YOUR SKIN. STEAM, SCRUB AND SLATHER YOUR WAY TO GLOWING** SUMMER SKIN WITH THESE LOCAL SPA OFFERINGS.

> SALT BY HENDRIX jade face roller, \$39.95, www.adorebeauty.com.au

TO MAKE A GLOWING FACIAL SERUM...

Add 28ml of jojoba oil to a glass dropper bottle using a small funnel. Remove the funnel and add 10 drops each of frankincense, geranium and chamomile essential oils. Add another 21ml of jojoba oil using the funnel once again, and gently swirl with an evedropper to combine. Apply with your fingertips, working upward towards your hairline. Massage with a jade roller for the finishing touch.

TO MAKE A COCONUT TURMERIC FACIAL SCRUB...

In a bowl, add three tablespoons of coconut flour and one teaspoon of turmeric and mix. Slowly add honey until the scrub is semi-dry and make sure it is properly mixed through. To apply, massage into damp skin and wash off.



WELLBEING...



TAKE YOUR WORKOUT FROM THE STUDIO TO THE SEASIDE. THESE WARM-WEATHER WORKOUTS WILL HELP YOU SOAK UP THE SUN WHILE YOU GET YOUR SWEAT ON, MAKING SURE YOU MAKE THE MOST OF THE GOLD COAST'S SUMMER SUN.



HIKING

Whether you're looking for something new to try on the weekend or a mid-week challenge, a bushwalk is an amazing way to clear your head and improve your fitness, all at once. Here on the Gold Coast, we're blessed with a number of great hiking trails to choose from. From the Cougal Cascades in Springbrook National Park to Rainforest Circuit at Burleigh Head National Park, as well as the Caves Circuit in Lamington National Park, there is a hike for every age and ability.

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SUP YOGA

Sure, you could bend, stretch and soak up the sun on land (the City of Gold Coast's Active & Healthy program has plenty of free outdoor yoga classes to try!) but why not take it a step further? Stand up paddleboards (SUPs) are having a major moment, particularly since yogis discovered they could use them to take their practice from the sand to the surf. The Gold Coast is home to a number of businesses offering SUP yoga classes – a quick Google will reveal which ones are closest to you.



SURFING

If you love being out on the water but aren't a pro at pyramid pose, surfing could be the summertime sport for you – and what better place to pick it up than on the Gold Coast? Boasting more world-class surfing spots than you could count on two hands, there's an unsurprising surplus of surf schools ready to take visitors and locals alike from novice to natural.



WELLBEING ...

TRAVEL, FOR YOUR WELLBEING

WE ARE NATURALLY DRAWN TO THE OUTDOORS - JUST LIKE INDOOR PLANTS WE NEED WATER, NUTRIENTS AND SUNLIGHT.

plant

If you find yourself in a slump, it's often because we get caught up in our nine-to-five routine every week. Just like a merry-goround at the amusement park continuously circling around the same paths, you do not observe anything new or experience a change of pace. This can leave us feeling deflated, lifeless and just like the wilted indoor

Travelling allows you to break that cycle and explore somewhere outside of your daily bubble. Here are five ways travelling can improve your wellbeing (read: five excuses to organise your next trip, STAT!):

1. PROVIDES PURPOSE

When you plan a trip, you get excited by giving yourself a goal to work towards - whether it's going to work each day knowing that it's a day closer to the date or saving your money to reach your ultimate destination. Wake up, go to work, come home, cook dinner, go to bed... Sound familiar? When you have a reason or goal to work towards, you find a sense of purpose in what you're doing instead of mindlessly working away each day.

2. ALLOWS CONNECTION

Along your travels you often find yourself chatting away to strangers. Perhaps it's with someone on a bus between locations, while sightseeing or with a taxi driver? Travelling with a group of new people via a tour company, you will find yourself around like minds. These are all great opportunities to make life long global friends - who knows when and where you'll need a place to stay one day!

3. BREAK THE CYCLE

Once you've set out on your adventure you are no longer bound to the daily grind. You get to create an itinerary that's going to have you wanting to jump out of bed. Breaking your everyday routine is healthy for not feeling trapped in the continuous cycle of what you believe you "have to do" each day. Travel itineraries give you the opportunity to do something new and less/ more fast-paced than what you normally do because you're totally in control. Allowing yourself some time and space will increase your overall wellbeing in the long run.

4. CULTURAL EXPERIENCES

The opportunity to embark on a journey through another culture besides your own lets you become aware of other ways of lifestyle, cooking, thinking and interacting etc. You may come across a new recipe that you can take home to recreate with your family or help those less fortunate through a volunteering program to remind yourself about the gratitude already in your life. Embarking on large or small journeys can open your mind to differences in the world and help you find gratitude.

5. BEGIN AGAIN

Often after one has returned from their time away, we begin again with a fresh open mind, we feel relaxed and ready to get back to what we do best. When returning to work, we have new stories to tell our coworkers. When catching up with friends and family after our trip, we get excited telling them about where we've been. Occasionally, you may return feeling as if you want to begin something new like studying a course or looking into extending or a different career path, which can be an exciting time to allow new chapters to start. No matter your age, we are always changing, evolving and adapting and if it's time for you to embark on a journey then take your time to breathe, enjoy and let yourself begin agair

WHAT'S ON...

MEXICO COMES TO THE GC

A GOLD COAST INSTITUTION, DRACULA'S BRINGS A WHOLE NEW ENTERTAINMENT EXPERIENCE TO THE STAGE THIS SUMMER WITH ITS NEW SHOW, MUERTOS.

Dracula's latest production, Muertos, is a tribute to the Mexican Day of the Dead – a wild celebration of living life on the razor's edge.

The show opens like an exploding glitterfilled piñata. Audiences must keep up as the show moves at a bone-rattling pace, layering carnival acts, death-defying aerial acrobatics, groin-aching vocals and of course Dracula's signature comedy. Delivering the ultimate entertainment and live music experience, you'll fall into a flowery grave of vibrant colours and hip-gyrating flamenco, as the show takes on a life of its own, appearing across five stages, as well as mid-air above the audience.

Choreographer Adelaide Clark says Muertos is a completely surround experience that really draws the audience in.



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"We mesh high-energy Latin dance with deliciously macabre variety acts as, let's face it, sin is in!" she says.

Adelaide says the Mexican theme permeates every part of this iconic Gold Coast venue, including menu, wine list and décor.

"The theatre has been festooned with red carnival lights, skeleton piñatas, fluttering papel picado flags and, of course, a soundtrack that you just have to get up and dance to," she says.



The talented cast lineup features crowd favorite Coco Inia Dewar, renowned acrobatic adagio duo Lauren Skapalova and Bray Garcia, señorita deliciosas Amber Dawn-Finch and Sarah Douch, backed by the amazing live music talents of Viola Skyes and Tomi Gray.

For the uninitiated, Dracula's is a world of nocturnal decadence, with mouth-watering dinner treats and tequila-laced cocktails - presented by waiters with unrestrained lipservice. Muertos packages start at \$59 per person for supper club (show-only tickets with optional tapas menu) or \$95 per person for a succulent three-course dinner and show experience.

Muertos, at Dracula's, runs five days a week, Tuesday to Saturday. Head online for bookings and more information.

WWW.DRACULAS.COM.AU

WHAT'S ON...

FEB 14 -MAR 1



MAR 5-7

CORONA OPEN GOLD COAST

The Corona Open Gold Coast marks the 2020 season opening of the men's and women's WSL Championship Tour. Held at iconic Snapper Rocks, come watch as the best of the best battle it out on one of the world's most iconic right-hand surf breaks.

WWW.WORLDSURFLEAGUE.COM

MAGIC MILLIONS

The Star Gold Coast Magic Millions Carnival and Raceday is a unique world class, thoroughbred racing and carnival experience, celebrated each year in January on the Gold Coast. Pacific Fair Magic Millions Polo was introduced to the Carnival calendar in 2017 and has gone from strength to strength. The Star Gold Coast Magic Millions Raceday is now one of the world's 10 richest race meets. Magic Millions is a multi-dimensional entity, which is underpinned by the Magic Millions Yearling Sales and Raceday, but also includes Pacific Fair Magic Millions Polo, the Barrier Draw on the beach and Magic Millions Racing Women celebrating women in sport.

WWW.MAGICMILLIONS.COM.AU

MONTY PYTHON'S **SPAMALOT**

Lovingly ripped off from the classic film comedy Monty Python and the Holy Grail, SPAMALOT retells the legend of King Arthur and his Knights of the Round Table. Guided by fabulous belting diva The Lady of the Lake, a cross-gender cast of heroic/ foolish actors (and their assistant stage manager) battle their way past various cows, killer rabbits and French people in pursuit of claiming the legendary Grail. Monty Python's SPAMALOT was a smash hit in both New York and London and won a Tony Award for Best Musical. And now it comes to our GC!

WWW.HOTA.COM.AU

MAR26 -APR 5





GOLD COAST FILM FESTIVAL

The Gold Coast Film Festival's purpose is to bring film to life, in a distinctly Gold Coast way, for local and visiting audiences and to help grow and support Queensland's screen industry. The Gold Coast Film Festival is an annual 12-day event in April with more than 100 film, panels, parties, pop-up cinemas and special events planned for right across the Gold Coast. In 2020, the event will celebrate its 18th year. Keep an eye on the event website for details as they are confirmed.

WWW.GCFILMFESTIVAL.COM



WOMEN'S AFL

The Gold Coast SUNS are set to enter their very first AFL Women's season and you can see their first ever home game live right here on the Gold Coast. Be at Metricon Stadium on Saturday, February 15, to see the new SUNS AFL Women's team take on Richmond. All AFLW games are FREE, so take the whole family along for a fantastic afternoon – the SUNS are known for putting on a great experience at Metricon.

WWW.GOLDCOASTFC.COM.AU

SAND SAFARI ARTS FESTIVAL

internet for the second

In 2020, Sand Safari Arts Festival will see everyone's imagination come to life across 17 days, with more than 270 tonnes of sand transformed into your favourite fairytale classics. Families, friends and art lovers alike will be captivated by larger-than-life sand sculptures, breathtaking art installations, sand sculpting demonstrations, live entertainment, art exhibitions and interactive workshops that will be sure to charm people of all ages from dawn to dusk. Prepare to also experience the largest and greatest sand sculpting competition - The Australian Sand Sculpting Championships. Fifteen world-renowned sculptors will go head-to-head creating 10-tonne sand sculptures (best days for viewing will be February 14-16, with the award presentation on February 16 at 5.30pm).

WWW.SURFERSPARADISE.COM/WHATS-ON



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MARKET IN **YOUR DIARY**

THE BEST WAY TO GET UP CLOSE AND PERSONAL WITH AN AREA IS TO SPEND TIME AT A LOCAL MARKET. BETWEEN THE STALLHOLDERS AND THE CROWD, THE UNIQUE FABRIC OF A SUBURB IS ALWAYS WOVEN INTO THESE KINDS OF COMMUNITY EVENTS. TRY THESE MARKETS ON FOR SIZE, THIS SUMMER...

THE VILLAGE MARKETS

First and third Saturday of the month, 8.30am-1pm Burleigh Heads State School Oval, 1750 Gold Coast Hwy, Burleigh Heads www.thevillagemarkets.co

CARRARA MARKETS NIGHT MARKET

Every Friday and Saturday, 5-9pm Carrara Markets, Cnr Gooding Dr & Manchester Rd, Carrara

www.carraramarkets.com.au

CHINATOWN STREET MARKETS

First Saturday of the month, 4-9pm Chinatown, Young & Davenport streets, Southport cityofgoldcoast.com.au/chinatown

HER WARDROBE MARKETS

Check website for dates, 9am – 1pm Albert Waterways Community Centre, 61 Sunshine Blvd, Broadbeach www.herwardrobe.com

ART & CRAFT BEACH MARKETS

Every Sunday, 8am-2pm Kurrawa Park, Old Burleigh Rd, Broadbeach Queen Elizabeth Park, Marine Pde, Coolangatta Justins Park, The Esplanade, Burleigh Heads www.artandcraft.com.au

SURFERS PARADISE BEACHFRONT MARKETS

Every Wednesday, Friday and Sunday, 4-9pm Surfers Paradise Foreshore, Surfers Paradise www.surfersparadise.com

MARKETTA STREET FOOD

Every Wednesday, 5-9pm, Every Friday, 5-11pm Every Saturday, 4-11pm Miami Marketta, 23 Hillcrest Pde, Miami www.miamimarketta.com

HIDE & SEEK MARKETS

Fourth Sunday of the last month of each season, 9am – 1pm Elanora State High School, Nineteenth Ave & Avocado St, Elanora www.hideandseekmarket.com.au



LIVE TUNES **ON THE GOLDIE**

THERE'S A CERTAIN SOMETHING SPECIAL ABOUT CATCHING A LIVE MUSIC ACT. ADD AN ICY COLD SUMMER **BEVERAGE AND JUST THE RIGHT GROUP OF MATES, AND** THAT RIGHT THERE IS A SOLID **REASON TO GET OUT OF THE** HOUSE.

Looking for some live tunes this summer? The Gold Coast is literally brimming with options but here are some of our fave venues:

CURRUMBIN RSL + SOUTHPORT SHARKS:

Check out a weekend set at your local club. Easy.

HOTA:

The Gold Coast's Home of the Arts is quite literally the home of great music, among other artistic pursuits. Hit up their website to see who's playing next. www. hota.com.au

THE MIAMI TAVERN:

The Miami has a rich cultural history here on the GC and is home to an everchanging array of music acts. Keep an eye on the Miami's website and/or socials to find out who's playing when. www.miamitavern.com.au

MIAMI MARKETTA:

Great food and good vibes are a precursor to the fab live music acts that this place attracts. www.miamimarketta.com

NIGHTCAP NOBBYS:

Sister to Nightjar Burleigh Heads, this little dive rock bar opens at 2245 Gold Coast Highway, Mermaid Beach in December and we can't wait to see what it brings! www.facebook.com/nightcapnobbys

BBQ BAZAAR:

Food stalls, alfresco dining and live tunes every weekend – the perfect combo. A full list of summer acts can be found online.

www.bbqbazaargc.com.au



scout

NOW SHOWING



FLAMINGO



rantalizing & Outrageous Show

O F Pink Flamingo Gold Coast 88 Surf Parade, Broadbeach

pinkflamingogoldcoast.com



TICKETS FROM

WHAT'S ON...

CHRISTMAS IN THE CITY

FROM CAROLS, MARKETS AND A GIANT SPARKLING **TREE TO AN UNMISSABLE** PARADE AND SPECTACULAR FIREWORKS. THERE ARE PLENTY OF REASONS TO VISIT OUR NORTHERN NEIGHBOUR THIS CHRISTMAS.

Would it really be Christmas without a trip to Brisbane to see the sparkling city lights and enjoy the free festive celebrations? From November 29 until Christmas Eve, the CBD, South Bank and Roma Street Parklands will all transform into magical destinations of holiday fun, offering plenty of entertainment for revellers of all gaes. It all kicked off with the beloved Lord Mayor's Lighting of the Christmas Tree - a dazzling 22m Christmas Tree that lights up King George Square when night falls. The celebrated Brisbane City Christmas Parade will weave its way through Queen Street Mall to King George Square from Friday, December 13 until Sunday, December

22, offering ample opportunity to spot the big man in red and his trusty helpers. And, every night from 7.30pm, from Friday, December 6 until Christmas Eve, the Gold







Lotto City Hall Lights will deliver a mesmerising light-projection display, complete with a novel storyline and characters.

On Saturday, December 7 at the iconic Riverstage, the Lord Mayor's Christmas Carols will fill the night sky with joyous songs performed by Brisbane's best performers. Then, from Wednesday, December 11 until Christmas Eve, the celebrations will continue with the Lights of Christmas putting on a magnificent light and sound show at St Stephen's Cathedral.

At Roma Street Parkland, follow the twinkling track of light displays illuminating the lush and expansive parkland at the Enchanted Garden display - right up to Friday, December 13. The experience is complete with premium food truck eats on the sprawling Lakeside and Celebration lawns.

Across the river, the South Bank Parklands come to life from Friday, December 1, lit up by bright displays that transform the renowned arbour trail into a twinkling tunnel. See the River Quay's celebrated fig tree shining brightly and the festoons hanging from above – it's the ultimate Christmas wonderland.

Meanwhile, from Friday, December 20 until Monday, December 23, South Bank will erupt with festive spirit as the Piazza hosts this year's Carols Extravaganza – an exciting Christmas



production featuring eight performances across four nights.

If you're looking to track down Father Christmas, you'll likely find him at Santa's Stop Over. Located at Flowstate and set amongst a magnificent fig tree and light installation, this quintessential Christmas setting is the perfect photo op for you to snap a picture with Santa. And, make sure you hang around from 4pm until 7.30pm for storytelling and crafts on the lawns nearby.

Then, keep the party going with Festive Beats - the ultimate showcase of emerging local talent, all performing originals and joyful covers at Streets Beach, River Quay, Rainforest Green and Little Stanley Street Lawns. Pack a picnic and round up your loved ones to see the performances, which kick off at 4pm and finish at 10pm

And finally, it wouldn't be Christmas without a dazzling finale, and the Fireworks Spectacular is just the way to finish your festive day with a bang! Venture to the Clem Jones Promenade to catch the show, which starts at 8pm every niaht

Be sure to share your experience using #MerryBrismas.

WWW.CHRISTMASINBRISBANE.COM.AU



45 DEGREES OUTSIDE AND 90 PER CENT HUMIDITY THIS SUMMER (OK, WE MIGHT BE **EXAGGERATING A LITTLE)**, THERE'S ONE PLACE WE ALL SHOULD BE ...

The Gold Coast has a summer stereotype of hot days spent on sun-kissed beaches. It's a place where we seek out refuge from the heat and humidity among waves, or by consuming dripping icecreams in the shade of a beachside palm tree. But here's an idea. When it's hot outside and you've had your fill of melting confectionary, head to the (literally) coolest place on the Gold Coast – Planet Chill

You don't often think about going ice-skating while you are on the Gold Coast but you for free, if you'd like to practise your shots should add it to the itinerary with thanks to an ice-skating rink located right in the heart digital music library rink-side. of Surfers Paradise at Paradise Resort. Planet Chill is suitable for all kids, big and small (3+ And when you need a break from the ice, years) and you don't have to be staying at the you can chill out (pun intended) in the "Chill resort to enjoy the ice rink - it's open to the Zone" with air hockey and foosball tables public. right alongside the rink.

With your Planet Chill entry ticket, you'll be able to borrow a pair of ice skates (BYO socks, of course) and a helmet. To make it a little easier for beginners to stay on their feet, Planet Chill also offers cute fibreglass penguins for kids to hang on to, to help make those 'icecapades' more bump-free. There are also ice hockey sticks and pucks to borrow,





into the nets. They even have the option for you to DJ your favourite skating tunes, with a

Planet Chill offers a range of sessions to choose from, with bookings available online or via the tablets located in the resort's lobby. As numbers for each session are limited, Planet Chill recommends prepurchase of tickets to avoid disappointment.

WWW.PARADISERESORT.COM.AU

scout

A two-hour session starts from \$20 per child (3-5 years old, \$10, with a paying adult).

If you buy three tickets you'll get your fourth ticket free!

Bookings are essential as maximum capacities will apply.

Cancellations must be made by the booking cut-off times for each session, or the cost will be forfeited.

Children 0-2 years of age are not permitted on the ice.

Children aged 5 years and under must be accompanied by a skating adult.

BYO socks. We suggest wearing a jumper and long pants on the ice.



ADVENTURE...

ISLAND HOPPING

LOOKING TO EXPLORE **BEYOND OUR GOLDEN BEACHES? YOU'RE IN** LUCK – WE'RE BLESSED WITH A NUMBER OF PICTURESOUE ISLANDS HERE IN SOUTHEAST **QUEENSLAND, MOST OF** WHICH ARE JUST A HOP, **SKIP AND A JUMP FROM** THE GOLD COAST.



Known to locals as "Straddie", this is one place where time slows from a sprint to a leisurely stroll from the moment your car rolls off the barge. From the rocky headlands and sprawling beaches to the inland sand dunes and lakes. Straddie is best described as a little slice of paradise. Surf the breaks at the popular beaches (Main Beach if it's a north-westerly wind, or Cylinder Beach and its neighbouring beaches if it's a southerly), hurtle down the towering sand dune at Deadman's Beach, fish off Adder Rock, or simply relax on any beach while the kids play. You're sure to leave Straddie feeling relaxed and replenished, but beware of PSD (post-Straddie depression) - an infliction most commonly experienced as your barge or water taxi glides away from the Dunwich jetty and you watch the island shrink back into the horizon.

North Stradbroke Tstand





Boasting over 123 kilometres of undisturbed rainforests and picturesque shorelines, it's little wonder that Fraser Island was the destination of choice for a few notable royals not too long ago. The World Heritage-listed destination is the largest sand island in the world and the only place where tall rainforests grow on sand dunes. But the jewel in Fraser Island's crown is no doubt Lake McKenzie, the perched lake with water so pure no fish or animals can live in it. Its particularly white sandy beaches - which are composed of pure, white silica – and clear aqua water make it a true tropical paradise, perfect for lazing about in a beach chair or snapping the dreamiest Insta photo. Take special care when you visit Fraser Island – such a natural wonder is well worth protecting and the local community take incredible measures to ensure it stays as pristine as it can be.

Many a Queenslander has fond memories of sunny summer days spent snorkelling the anaalooma – it's practically a rite of passage. But it's not just the snorkelling that will draw you to Moreton Island. The shoreline restaurants, water sports and acco are all well worth the journey, but it will no doubt be the dolphin encounters that you'll be raving about for years to come. A friendly pod of wild dolphins has been returning to the shallow waters at Tangalooma for years, giving people of all ages the once-in-alifetime opportunity to feed them by hand. And the dolphins aren't all you'll see – from wobbegongs in the shallows to humpback whales out at sea, Moreton Island is a natural playground for some of our region's most breathtaking inhabitants. There aren't many places you can soak up the island life, disconnect from the hustle and bustle and reconnect with nature, all just a couple of hours from Surfers Paradise.



ADVENTURE...

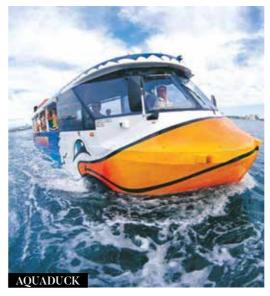
ON THE WATER

STAY DRY OR GET WET – THAT IS THE **QUESTION. THANKFULLY, THERE ARE** PLENTY OF WAYS TO DO BOTH HERE ON THE GOLDY. THERE MAY BE A TONNE OF FUN TO BE HAD ON LAND, BUT THERE'S EVEN MORE OUT ON THE WATER...

COASTING AROUND

Expect 360 degrees of fun, guaranteed, with Coasting Around – the self-drive round boat experience that lets you see the Gold Coast Waterways like you've never seen them before. BYO food and drinks or splash out on one of the three BBQ-equipped luxury round boats, which seat a whopping 30 passengers. All boats come with a Bluetooth speaker and Sumbrella, too.

WWW.COASTINGAROUND.COM.AU



This iconic watercoaster is a must-experience Gold Coast activity, letting you tour the city like never before. The amphibious 'duck' takes you from land and water, starting in Cavill Avenue and heading out along the famous golden beaches of Surfers Paradise before jetting straight out onto the Broadwater. Cruise the Gold Coast's intricate waterways, keeping an eye out for famous landmarks and native wildlife, then look out the window as the boat transforms back into a bus to take you home again.



The ultimate entertainment venue on the water, it's hard to miss the YOT Club as it floats by the Gold Coast. Spread across two luxurious levels, the YOT Club is the world's first super yacht entertainment venue and is fully licensed. Reminiscent of an exclusive day club - only on the water - you'll be swept up in the extravagance from the moment you step aboard. Live DJs, a fully-stocked bar and plenty of lush seating areas will keep the party going all day (and night) long.

WWW.YOTCLUB.COM.AU

JETPACK ADVENTURES

Strap in and brace yourself for a wet, wild ride above the Gold Coast waterways. Jetpack Adventures at Surfers Paradise is home to the world's first water-powered jetpack device, which has been sending adventurers high into the sky since 2012. Whether you're ten or 89 (the oldest and youngest jetpack pilots the company has seen) you're bound to love being propelled above the water by the jetpack's two jet nozzles. Steer using your bodyweight or the two hand controls – the adventure is totally yours.

WWW.JETPACKADVENTURES.COM.AU



GOLD COAST GONDOLAS

Gold Coast Gondola's have been bringing a little slice of Venice to the Glitter Strip since 2000. Specifically designed and built for Queensland conditions and manoeuvred by an experienced gondolier, each gondola is luxuriously outfitted to ensure your experience is truly magical. Whether you opt to just cruise or enjoy a dinner on board, an afternoon or evening aboard a Gold Coast Gondola makes for the perfect Valentine's Day or anniversary celebration.

WWW.GCGONDOLAS.COM

STAY...

MAGNOLI BLOOMS **INTO LIFE**

HE FIRST DISPLAY APARTMENTS AT MAGNOLI APARTMENTS ARE NOW OPEN FOR VIEWINGS AS **CONSTRUCTION GATHERS PACE AT PALM BEACH'S** NEWEST LANDMARK.

Magnoli Apartments' new displays showcase the craftsmanship and quality of the luxury coastal residences, perfected by exquisite architecture, private resortstyle amenities and on-site dining and parkland.

Sunland Group Managing Director Sahba Abedian says Magnoli Apartments have been designed specifically for the local owner-occupier market, with every aspect focused on enduring lifestyle amenity.

"The orientation of the two boutique towers embrace their close proximity to the beach and adjoining parkland, where on-site alfresco dining spaces add to the vibrancy and convenience," Sahba says.

"Large, pet-friendly apartments feature premium upgrades as standard, including spacious kitchens complete with reconstituted stone benchtops, ample storage, and high-quality appliances.

"Generous entertaining areas are oriented towards the ocean or parkland, where cascading gardens spill from one balcony to the next."

Private resident facilities include a resort-style pool, sun deck, lounge and landscaped entertaining areas. The



first boutique tower is scheduled for completion in mid-2020. Prices start from \$455,000 for a one-bedroom apartment. Two-bedroom apartments are priced from \$560,000, while the larger three-bedroom collection starts from \$795,000.

The new display apartments are open Thursday, Saturday and Sunday from 10am to 2pm, or by appointment.

Access and visitor parking are via the Display Suite, on the corner of Brooke and Nineteenth Avenues.

WWW.SUNLANDGROUP.COM.AU/ MAGNOLI-APARTMENTS



A recent Palm Beach Market Outlook report has revealed that, in addition to its picturesque beaches and emerging café and restaurant culture, Palm Beach is surrounded by an incredible \$2.7 billion in new infrastructure projects, alongside forecast employment growth of 31 per cent over the next 25 years.

Major projects in the Palm Beach catchment include the \$660 million third stage of the Gold Coast Light Rail network, the \$370 million expansion of Gold Coast Airport and the \$60 million expansion of Pavilions Palm Beach to deliver a full-line Coles Supermarket and speciality retail.

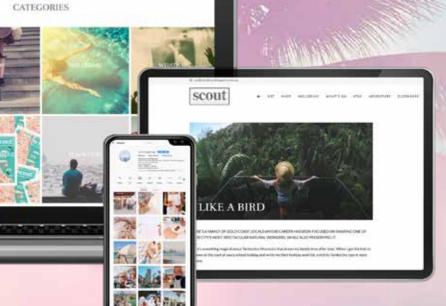
This investment is bolstered by a highperforming local apartment market, which has recorded median price growth of 6.4 per cent per annum over the past five years, and an 11.3 per cent increase in transactions per annum over the same period. The report also revealed a forecast population growth for Palmy of 36 per cent over the next 25 years.

And don't forget, Palm Beach is bookended by two calm swimming inlets -Tallebudgera Creek (the winner of Wotif's 'Best Swimming Spot in Australia' award) and Currumbin Creek. With pristine sunkissed coastline, you'll be hard-pressed running out of places to soak up the Gold Coast lifestyle in Palmy.





WHEN YOU WANT TO SCOUT AROUND THE GOLD COAST.



scout local magazine 🕝 scout magazine gc

www.scoutmagazine.com.au



ELSEWHERE...

OLYMPIC-SIZED HOLIDAY

AS THE SPORTING WORLD GEARS UP FOR THE 2020 OLYMPICS IN TOKYO, YOU CAN TOO.

Looking for the perfect way to get into the spirit of the 2020 Tokyo Olympics, before the crowds do, and without having to train like an elite athlete your whole life? Read on...

Palace Hotel Tokyo is toning visitors' muscles and sharpen their minds with some pretty fun fitness-focused packages that will appeal to those competitive Aussie spirits. For example, you could choose to have a private two-hour swimming session with former Japanese Olympic swimmer and Asian Games medalist Hanae Ito in the hotel's indoor pool. Maybe you'd prefer to feel like an Olympic cyclist on a private three-hour biking excursion led by Tokyo Great Cycling Tour? Same deal for the wannabe Olympic runners or kayakers – choose a private three-hour jog around the city guided by Tokyo Great Running Tour or a two-hour kayaking outing hosted by Tokyo Great Kayaking Tour. Phew!

For those interested in more contemplative yet complementary Olympic-type conditioning, Palace Hotel Tokyo is also offering one-of-a-kind experiences to get your headspace game-day ready. Maybe you'd like to spend two hours in private zen meditation with the head monk of a 400-year-old Buddhist temple? Or take part in a private two-hour Japanese tea ceremony experience at a heritage home conducted by one of Japan's legendary





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tea house masters – who is now over 90 years old? Or, try a private two-hour introduction to shodō, the art of Japanese calligraphy, by a highly decorated shodō artist. Wow, Tokyo, you've really won us over and the Games haven't even yet begun!

Earlier this year, Virgin was given the green light to launch a new direct flight between Brisbane and Tokyo ahead of the Tokyo 2020 Olympics. All that combined, maybe Tokyo should be high on your travel bucket list in the coming months?

WWW.EN.PALACEHOTELTOKYO.COM

ELSEWHERE...

PLANNING YOUR EURO SUMMER

A EUROPEAN VACATION IS THE PERFECT WAY TO CHASE THE SUN TO THE OTHER SIDE OF THE WORLD, BUT IT SHOULDN'T COST YOU A BOMB – OR YOUR SANITY! GET STARTED NOW WITH THESE TIPS FOR PLANNING YOUR EURO SUMMER, SANS STRESS.

Before you start splashing cash on expensive yacht tours and fancy hotels, it pays (or rather, saves) to know exactly how much cash you have to splash. Figure out the date you want to leave, and how much you will need to put away between now and then to cover all of the costs, plus spending money a spreadsheet will be your best friend here, but there are also online calculators that can help you. Look up the flights for different dates and different cities and try to choose the most cost-effective option. This may even mean waiting for flight sales if you know when they're going to be on. If you aren't set on specific hotels, hostels or AirBnBs just yet, write down the general price range for each location and budget for the top of that range. The more you scrimp and save now, the more incidental spending money you'll have to live it up in Europe. And speaking of your spending money, the general rule of thumb is to save 70 euros (that's roughly 115 AUD) for each day of your trip – but the more fat you build into your spending budget, the less stressed you'll be about your finances on your vacay.

TIP:

Start shopping around for banks or credit cards that offer travel-related perks, whether it's waiving the fee on international transactions or giving you airline points fo purchases.

The Tinerary

Are you an adventure seeker, or a 'relax on the beach with a book' kind of traveller? If you're travelling with a group, this is an important discussion to have. Avoid tension overseas by being frank about what you want from the trip and encourage your travel companions to do the same. If you're keen to pre-plan activities, websites like Get Your Guide and Viator, and even AirBnB Experiences, can be a huge time and money saver – just make sure you shop around so you know you're getting the best deal. If you want to experience the major tourist attractions at peak times, like the massive music festivals, cultural events and experiences like yacht week in Croatia, get in early. Accommodation and tickets will sell out quickly and you don't want to be left paying top dollar – or missing out entirely - because you weren't prepared. As for the 'bucket list' destinations, do plenty of research. Is Saint Tropez the must-stay spot on the French Riviera, or can you beat the crowds (and save serious dosh) across the bay at Sainte-Maxime? Talk to your welltravelled friends about their experiences, but also don't be afraid to commit to trying the things you've been desperate to do – even if your friend didn't love it. You may not have the same experience as them, but you will have regrets if you let them talk you out of it

AT THE END OF THE DAY, TRAVEL ISN'T ABOUT PERFECTLY PLANNING EVERY LAST DETAIL – IT'S ABOUT THE STORIES, SURPRISES AND BREATHTAKING MOMENTS. AND NO ONE CAN PLAN THOSE.

So, you've nutted out all of the places you want to go - now it's time to figure out how to get there. Europe (particularly western Europe) is incredibly wellconnected by train and they're typically a fraction of the price of flights. Generally, the earlier you book your train ticket, the cheaper it will be. If you're not set on destinations, it may be worth letting the special deals guide your trip or, for the spontaneous travellers, invest in a Eurail pass and make it up as you go along. On the other hand, look into whether a tour will be better suited to your travel goals. Most offer competitive pricing on travel packages and give you the luxury of not having to worry about where you'll sleep or what you'll eat.

LOCAL LOVES...



REBECCA ROSS Artist, curator, academic and artistic director of The Walls Art Space

Which suburb do you call home? Tugun What makes that suburb the best on the GC? The original character, the village vibe and the people; Tugun has a wonderful sense of community. The new Oceanway has really made the beachfront fabulous and I love Tugun beach because there's always so much space

Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie? | love Caribou and Niche and Co, both in Tugun. The Kirra Original Acai from Niche is my all-time favourite and anything that Matt makes at Caribou is amazing!

Fave Gold Coast casual dining location? What's on the menu? I'm sounding so Tugun-centric now but I can't go pass the food at Sticky Rice, it is infused with delicious flavours and served up in a lovely relaxed setting. The Pad Thai with prawns is the one dish that keeps me from studying the menu for way too long. They make a superb Pina Colada too.

You're planning a fun, local night out with your mates. Which three locations top your list and why? Mint Art Space in Burleigh, Scottish Prince in Palmy, Vinnies Dive Bar in Southport.

Best local spot for family hangs and why? Dawsies Hut at Burleigh Point. Coffee, views, waves, fresh air, frisbees.

Fave Gold Coast shopping destination? | keep it pretty local in Tugun village most of the time but I enjoy the beachfront markets at Coolangatta and I can't drive past The Boardroom Surf Shop in Miami without having a peek.

Complete this sentence: Only a Gold Coast local knows... that Gold Coast Open House is a great chance to see inside some of the city's architecturally significant buildings and private residences. It's especially cool considering we are such an outdoorfocused city, therefore it's great to see things from the inside.

SCOUT ASKED SOME LOCAL PERSONALITIES JUST WHY THEY LOVE THE GOLD COAST SO, AND TO REVEAL THEIR FAVE HANGS. HERE'S WHAT THEY HAD TO SAY ...



SUE PORRETT Owner of Aerial Angels and The Pink Flamingo Spiegelclub

Which suburb do you call home? Burleigh Heads

What makes that suburb the best on the GC? The beach, the hill and the village vibe. Also, the gorgeous boutique restaurants. Burleigh Heads has such a wonderful and unique energy that is very special to all Gold Coasters

Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot beyvie? The Nook – Hole in the wall coffee house on the hill at Burleigh. Grab your coffee, take a seat on the grass and watch the sunrise - it does not get better than that!

Fave Gold Coast casual dining location? What's on the menu? Goccia Italian in Mermaid Beach. Authentic OMG Italian with everything on the menu being to die for. Also, Miami Marketta has such a great diverse of food offerings and cool bar vibes - a great place to meet up with friends.

You're planning a fun, local night out with your mates? Which three locations top your list and why? The Pink Flamingo, of course, for the show 'Suave'. The after party is at Burleigh Pavilion for the vibe and view, and Justin's Lane in Burleigh Heads for great cocktails and vibes.

Best local spot for family hangs and why? Tallebudgera Creek. Such a local family location Beautiful and not overcrowded with a gorgeous pristine little beach.

Fave Gold Coast shopping destination? Pacific Fair - Love the variety of shops. Also, any markets on the GC - they all have so much to offer.

Complete this sentence: Only a Gold Coast local knows... the REAL Gold Coast and they also know not to tell many interstate people how amazing our city is so they don't all move here! We are incredibly blessed!!



JEREMEY DAVIDSON Owner of The Collective Palm Beach

Which suburb do you call home? Palm Beach What makes that suburb the best on the GC? The beautiful stretch of ocean between Currumbin and Talle Creek. Lots of awesome cafés, restaurants and bars. Friendly people with a real sense of community.

Fave place to stop, relax for 20 mins and enjoy a morning cuppa? And what treat is on the plate beside your hot bevvie? In Palm Beach, Highline Café has won my heart at the moment with their spaghetti bolognese jaffle next to my long black. Or every morning we take our pups for a walk along the beach from Currumbin to Tugun, and stop for a coffee and a muffin at the Salty Bean underneath Tugun Surf Club. Good coffee, awesome staff and an incredible view.

Fave Gold Coast casual dining location? What's on the menu? We have been to Lucky Bao a number of times and never been disappointed. The bao and wings are absolutely awesome!! Also, we love The Glenelg Public House for steak and seafood for date night.

You're planning a fun, local night out with your mates? Which three locations top your list and why? Stort at Rick Shores for a bug roll, glass of rose and to watch the sun go down by the ocean. Then head off to The Collective Palm Beach for dinner, to soak up the lively atmosphere and enjoy a selection of amazing food. Then it's off to The Pink Flamingo in Broadbeach to round the night off with a bang for an amazing cabaret show and party.

Best local spot for family hangs and why? We love hanging out by the water with family, so we will head to either Burleigh Hill or Currumbin Beach. Both have loads of cafés and restaurant for a nibble and good to have a walk and stretch the legs after a long lunch.

Fave Gold Coast shopping destination? Not being much of a shopper, I tend to gravitate towards Pacific Fair as it just feels nice, and I can stop and have a beer when all the shopping gets too much.

Complete this sentence: Only a Gold Coast local knows... the internal torment when trying to be 'beach body ready' for summer and only eating one bug roll...



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